

CITY OF DURHAM PARKS AND RECREATION

Play More

JANUARY-MAY 2018



WHAT'S INSIDE?

**Summer Camp
Registration**

Snorkel 101

**Glow in the Dark
Dodgeball**

Fit & Fun Week



dprplaymore.org
dprinfo@durhamnc.gov

919-560-4355

400 Cleveland Street
Durham, NC 27701

WE SUPPORT INCLUSION - PERSONS OF ALL ABILITY LEVELS ARE WELCOME AT EVERY FACILITY AND EVERY PROGRAM.



GREETINGS FROM DURHAM PARKS & RECREATION'S DIRECTOR

Whatever your 2018 goal or New Year's Resolutions may be, we hope Durham Parks and Recreation (DPR) can be a part of it! With offerings in aquatics, athletics, cultural heritage, fitness, outdoor recreation, performing arts, special events, and wellness we have something for everyone! Here are just a few resolution ideas that we can help you stick to:

LEARN SOMETHING NEW

Have you been longing to learn a new skill? With everything DPR has to offer, you're bound to find something new we can teach you, whether it's learning how to swim, play tennis, or pickleball, or even fishing with a cane pole and linen line. With two indoor pools we offer a variety of swim lessons for everyone - ages 6 months and older! If being in the pool isn't for you, why not try out tennis or pickleball? Our staff hosts tennis academies, beginner tennis lessons, tennis carnivals, drop-in pickleball, and pickleball tournaments throughout the year to introduce all ages and abilities to these sports. If your goal is to relax a bit more, you might be interested in stepping back in time to learn how to fish with a cane pole and linen line at West Point on the Eno.

SPEND QUALITY TIME WITH FRIENDS AND FAMILY

Disconnect from your phone, tablet, computer, television, etc. and spend some face to face time making memories with your family and friends! Volunteer with a group at our upcoming Cultural Heritage Garden Workday where you will help us prepare our beds and plant spring and summer crops that will be donated to area food pantries, or sign up for a trail workday to assist with erosion issues and trash cleanup. Special events can also be a great way to schedule some quality time. Mark those calendars for our Martin Luther King Jr. Event, Daddy Daughter Dance, Mother Son Dance, Earth Day, Bimbé and more! For all of our 13-18 year olds in the community, instead of heading home right after school to chill out in front of the TV, drop by one of our four MyDurham Recreation Centers for free, fun-filled activities from 3-7 p.m., Monday-Friday. The MyDurham program offers a wide variety of teen activities including Hang Time, Spa Day, Mad Science, A Minute to Win It, and more.

STICK TO YOUR FITNESS AND WELLNESS GOALS

With the holiday season coming to a close, it's time to get back into the groove and get moving! DPR's Fit & Fun week will start up January 8 and run through January 14. During this time all of our drop-in programs will be free including our drop-in fitness classes like Zumba, Yoga, Spinning, Tai Chi Heavy Ball, and more. This is the perfect opportunity to spend some time with DPR to learn how we can help you stick to your fitness and wellness goals. If you prefer to take your workout outside, why not walk, run or bike on one of our trails or stop by one of our many parks? If it gets a bit too cold outside this winter, take a wog (walk/jog) on our free indoor walking track at the Walltown Park Recreation Center. To take your wellness goals a step further, sign up for our Healthy Cooking class in April.

STEP OUT OF YOUR COMFORT ZONE

Challenge yourself and conquer your fear of heights, tight spaces, or public speaking! Outdoor Recreation will be hosting High Ropes Discovery days for ages 7 and up to navigate a variety of obstacles up to 55 feet in the air! They are also offering a caving excursion where participants will scramble, slide and squeeze through caves in Tennessee during a one-day trip in January 2018. For those interested in improv and working on some public speaking skills, join us for a Beginner Improv class with Made Up Theatre games and shows.

There's never a better time than now to learn something new, spend quality time with friends and family, stick to your fitness and wellness goals or step out of your comfort zone! Take some time to peruse our Play More Guide to determine how we can play a part in your present and future goals. Another great way to learn more about all we have to offer is to utilize our online registration site - Active Net (<https://apm.activecommunities.com/dprplaymore>) - to search for activities by name, age, location, etc. We hope to see you soon at one of our recreation centers, parks, trails or at a special event! Happy New Year!

Rhonda B. Parker, CPRP
Director, Durham Parks and Recreation

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About PLAY MORE

Play More is a guide to creative and challenging recreational choices in Durham and is produced by the Durham Parks and Recreation (DPR) Department and published in May, August and December. If you would like an extra copy of Play More or have comments about this publication, please call us at 919-560-4355 or email DPRInfo@durhamnc.gov. Please note: Advertising contained herein does not constitute an endorsement by the City of Durham Parks and Recreation or its staff.

City Holidays and Closures

The City of Durham will observe the following holidays and most classes will not be held on that day.

Christmas	Sunday, December 24-Tuesday, December 26
New Year's	Monday, January 1
Martin Luther King, Jr. Day	Monday, January 15
Good Friday	Friday, March 30
Easter	Sunday, April 1
Memorial Day	Monday, May 28

Safety, Maintenance and Accidents

Customers and residents are encouraged to immediately report any injury or illness received as a result of participation in leisure services provided by or at City of Durham Parks and Recreation facilities, parks and trails. Residents are also encouraged to report safety concerns and maintenance needs in parks and on trails. Please call 919-560-4355, ext. 27212 to report safety concerns, maintenance needs, or accidents. If you see illegal activity in any park at any time, please contact the police by dialing 911.

Medication Policy

Participants who take medication while participating in DPR programs are required to complete a Medication Information and Waiver form and return it before the program begins.

Personnel

Assistant Director of Administrative Services

Recreation Manager (Special Events, Outreach, Holton)
Senior Business Services Manager (Budget, Finance, and Marketing)
Recreation Manager (Reservations, Safety, Accreditation, and Operations)

Assistant Director of Recreation Programs

Recreation Manager (Edison Johnson, Campus Hills, and Aquatics)
Recreation Manager (Heritage Parks, Weaver Street, and W.D. Hill)
Recreation Manager (Outdoor Recreation, City Lakes)
Recreation Manager (Special Programs/Inclusion, Mature Adults, and Lyon Park)

Assistant Director of Park Planning and Education

Recreation Manager (Athletics, Walltown)
Parks Superintendent
Senior Parks Planner

Joy Guy
Rukea Womack
Rich Hahn
Gina M. Morais
Jason Jones
Colleen Fear
Jeffrey Forde
Kim Oberle
Deitra Spellman

Thomas Dawson
Tammy Brown
Robert Jennings
Lindsay Smart

Inclusion and Notice Under the Americans with Disabilities Act

A person with a disability may receive an auxiliary aid or service to effectively participate in city government activities by contacting the ADA Coordinator, voice 919-560-4197, fax 919-560-4196, TTY 919-560-1200, or ADA@durhamnc.gov, as soon as possible but no later than 48 hours before the event or deadline date.

Accommodations available include American Sign Language interpreter, wheelchair-accessible buses and vans. Contact:

- Deitra: 919-560-4288, ext. 27236, Deitra.Spellman@durhamnc.gov

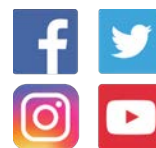
DPR strives to make our programs, services, and facilities accessible for all individuals and families, regardless of race, color, religion, gender, national origin, marital status, sexual orientation or ability level.

For Spanish language accommodations, please contact the following staff: (Si necesita contactar al personal que habla español, puede llamar o escribir a las siguientes personas)

- Agustin: 919-560-4355, ext. 27371, Agustin.Sanchez@durhamnc.gov
- Rosalie: 919-560-4355, ext. 27235, Rosalie.Bocelli-Hernandez@durhamnc.gov

CONNECT WITH US

Receive important news and information!



@DPRPlaymore

Reduced Fees, Discounts, and Waivers

Please note: Only one discount may be applied to a registration or facility rental.

Multi-Child Discount

- The multi-child discount applies to select programs for families who do not qualify for reduced fees under other discount programs and have more than one child registering for the same course.

Senior Citizen Discount

- Senior Citizen discounts are available for mature adults age 55 or better. A ten percent (10%) discount is available on all recreational programs and admissions to facilities for activities sponsored by Durham Parks and Recreation. Activities with specified mature adult rates, mature adult programs, and facility, field, and equipment rentals are excluded from this discount.

Military & Veterans Discount

- A ten percent (10%) discount is available on all recreational programs and admissions to facilities for activities sponsored by Durham Parks and Recreation.

Employee Discount

- Current City of Durham employees receive a 25 percent (25%) discount on all instructional classes and recreational passes for activities sponsored by Durham Parks and Recreation. This discount applies to the employee only, not family members. Child Care programs and facility, field, and equipment rentals are excluded from this discount.

Non-Profit Discount

- Non-profits receive a fifteen percent (15%) discount on facility, field and equipment rentals. Facilities, fields and equipment with specified non-profit rates are excluded from this discount. Please note that non-profits must provide the IRS letter documenting their 501(c)(3) status.

Sliding Fee Scale

- The sliding fee scale may be used to reduce the amount paid for childcare programs.
- The scale ranges from 10% to 100%

and is based on income and number of members per household.

- Applications are available at the main office, recreation centers, and on the DPR website.
- The application is used to determine the percentage (from 10%-100%) to be paid by the participant for participation in childcare programs, which includes summer camp, after school, and intersession.
- Once approved, the reduced fee is valid for one (1) year.

Program Fee Waiver

- The fee waiver is available to anyone receiving support through the Durham County Department of Social Services (DSS) and may be used for programs, excluding childcare programs, facility, field, and equipment rentals, and others as specified in registration materials.
- Applications are available at the main office, recreation centers, and on the website.
- The outcome is valid for one (1) year from the date of approval.

Facility, Field and Equipment Fee Waiver

- The applicant is responsible for completing the reservation process prior to submitting the application for Facility, Field or Equipment Fee Waivers.
- Any persons requesting a fee waiver must submit a completed Facility, Field and Equipment Fee Waiver application to the department.
- The applicant must reapply for each rental.
- The applicant must pay the security deposit by the date due and pay all other fees not waived by the Recreation Advisory Commission by the established deadline.

Play More Card



Durham Parks and Recreation offers an exciting benefits program for our program participants! Participants may purchase a "DPR Play More Card" which will give them a discounted rate on all programs, in addition to other benefits listed below. The cards are renewable annually.

Each program price listing has two prices: one for City Residents (CR), and one for Non-City Residents (NCR). Play More Card discounts will automatically be taken off when a participant with a valid card registers for any program. Play More cards can be purchased online, at any recreation center or the DPR Administration Office.

Play More Card Benefits

- Participants receive a 10% discounted fee rate for all recreation programs (excludes rental facilities, athletic league – group rates, adventure challenge course rates, special event fees).
- Participants may purchase volume-discounted punch/monthly passes for the following programs:
 - Aerobic Classes
 - Open Gym (Adults)
 - Fitness Training
 - Pickleball
 - Court extended use passes
 - Lap and Recreation Swim
 - Water Exercise Classes
 - Wellness Packages

Play More Card Fee Structure

Individual: \$20 Residents;
\$25 Non-Residents

Benefits apply to one (1) adult plus all youth under the age of 19 residing in the same house.

2 Party: \$35 Residents;
\$50 Non-Residents

Benefits apply to two (2) adults plus all youth under the age of 19 residing in the same house

Participants may choose to purchase this card in order to receive the associated benefits; however, a Play More Card is not required to participate in DPR programs.

Pass Sales

Volume-discounted multi-visit passes are available for select activities. Patrons must have a Play More Card in order to purchase these passes. Except for monthly passes, all passes expire one year from date of purchase. Please see the Pass Sale chart for available passes.

Daily Entrance Fee: includes indoor pool general admission, adult/mature adult open gym, exercise equipment, and land fitness programs. (Note: some areas may be age restricted.) Please keep in mind this is for ONE DAY access only - frequent users of our drop-in programs are encouraged to purchase our monthly Wellness Pass and/or other discounted punch passes offered for those with a Play More Card.

Please note: Play More Cards and volume-discounted multi-visit passes are non-refundable.

Monthly Wellness/Open Gym Packages

Wellness includes unlimited land fitness and mind/body classes, open gym programs, drop-in pickleball, use of the gymnasium when available and use of any weight fitness equipment at any DPR recreation facility.

Wellness + Open Swim Package includes everything in the Monthly Wellness/Open Gym Package PLUS recreational and lap swim in the indoor aquatic centers.

Pass Sale Chart

DAILY ENTRANCE FEES				
Age	City Resident, Play More Card	City Resident, No Play More Card	Non-City Resident, Play More Card	Non-City Resident, No Play More Card
Youth & Teen (0-18)	No Cost	No Cost	\$4.50	\$5
Adult (19+)	\$3.60	\$4	\$8.10	\$9
Senior (55+)	\$2.70	\$3	\$7.20	\$8

PUNCH PASSES	City Resident, Play More Card	Non-City Resident, Play More Card
Pickleball: Adult (19+): 10 Visits	\$27	\$42
Pickleball: Adult (19+): 25 Visits	\$64	\$79
Pickleball: Adult (19+): 50 Visits	\$120	\$135
Pickleball: Senior (55+): 10 Visits	\$18	\$23
Pickleball: Senior (55+): 25 Visits	\$43	\$58
Pickleball: Senior (55+): 50 Visits	\$80	\$95

AQUATIC PUNCH PASSES	City Resident, Play More Card	Non-City Resident, Play More Card
Recreational/Lap Swim - Adult (19+): 10 Visits	\$27	\$42
Recreational/Lap Swim - Adult (19+): 25 Visits	\$64	\$79
Recreational/Lap Swim - Adult (19+): 50 Visits	\$120	\$135
Recreational/Lap Swim - Senior (55+): 10 Visits	\$18	\$23
Recreational/Lap Swim - Senior (55+): 25 Visits	\$43	\$58
Recreational/Lap Swim - Senior (55+): 50 Visits	\$80	\$95
Water Exercise Class: 10 Visits	\$36	\$51
Water Exercise Class: 25 Visits	\$85	\$100
Water Exercise Class: 50 Visits	\$160	\$185

MONTHLY WELLNESS PASSES Expires one month from date of purchase, i.e. Feb. 15-March 14; Additional discounts do not apply to these rates	City Resident, Play More Card	Non-City Resident, Play More Card
Wellness/Open Gym Pass - Individual - Per Month Includes unlimited land fitness and mind/body classes, open gym programs, drop-in pickleball, use of the gymnasium when available and use of any weight fitness equipment at any DPR recreation facility	\$20	\$25
Monthly Swim Pass - Individual - Per Month Includes Recreational and Lap Swim at DPR indoor aquatic centers	\$30	\$45
Wellness/Open Gym + Open Swim Pass - Individual - Per Month Includes unlimited land fitness and mind/body classes, open gym programs, drop-in pickleball, use of the gymnasium when available and use of any weight fitness equipment at any DPR recreation facility PLUS recreational and lap swim at DPR indoor aquatic centers	\$40	\$55

FACILITIES

Please note: All operational hours and program fees are subject to change. Please call each center directly for up-to-date information. Facilities may be open at additional times for specially scheduled DPR Programs.

RECREATION CENTERS

COMMUNITY FAMILY LIFE & RECREATION CENTER AT LYON PARK

1309 Halley Street
919-560-4288
Hours: Monday-Thursday
8 a.m.-9 p.m.
Friday 8 a.m.-10 p.m.
Saturday hours vary
Sunday closed



W.D. HILL RECREATION CENTER

1308 Fayetteville Street
919-560-4292
Hours: Monday-Thursday
8:30 a.m.-9 p.m.
Friday 8:30 a.m.-10 p.m.
Saturday 8:30 a.m.-6 p.m.
Sunday closed



EAST DURHAM

2615 Harvard Avenue
919-560-4278
SUMMER CAMP
LOCATION ONLY



W.I. PATTERSON

2614 Crest Street
919-560-4560
SUMMER CAMP
LOCATION ONLY



EDISON JOHNSON RECREATION CENTER

500 West Murray Avenue
919-560-4270
Hours: Monday-Thursday
8:30 a.m.-9 p.m.
Friday 8:30 a.m.-8 p.m.
Saturday 8:30 a.m.-6 p.m.
Sunday 1 p.m.-6 p.m.



WALLTOWN PARK RECREATION CENTER

1308 W. Club Blvd.
919-560-4296
Hours: Monday-Thursday
8:30 a.m.-9 p.m.
Friday 8:30 a.m.-10 p.m.
Saturday 8:30 a.m.-6 p.m.
Sunday 1 p.m.-6 p.m.



IRWIN R. HOLMES, SR. RECREATION CENTER AT CAMPUS HILLS

2000 South Alston Avenue
919-560-4444
Hours: Monday-Thursday
6 a.m.-9 p.m.
Friday 6 a.m.-8 p.m.
Saturday 8 a.m.-6 p.m.
Sunday 1 p.m.-6 p.m.



WEAVER STREET TEEN RECREATION CENTER

3000 E. Weaver Street
919-560-4294
Hours: Monday-Thursday
1 p.m.-9 p.m.
Friday 1 p.m.-10 p.m. Saturday
1 p.m.-6 p.m. Sunday closed
except for church rentals.



HOLTON CAREER AND RESOURCE CENTER

401 N. Driver Street
919-354-2750
Hours: Monday-Thursday
8:30 a.m.-9 p.m.
Friday 8:30 a.m.-10 p.m.
Saturday 8:30 a.m.-6 p.m.
Sunday 1 p.m.-6 p.m.



Play More: Connecting our whole community to wellness, the outdoors, and lifelong learning.

FACILITIES

AQUATIC CENTERS

Aquatic centers are open year round

CAMPUS HILLS POOL

2000 South Alston Avenue
919-560-4444
Hours: Monday-Thursday
6 a.m.-8 p.m.
Friday 6 a.m.-7:30 p.m.
Saturday 8 a.m.-5 p.m.
Sunday 1 p.m.-5 p.m.



EDISON JOHNSON AQUATIC CENTER

500 W. Murray Avenue
919-560-4265
Hours: Monday-Thursday
6 a.m.-8 p.m.
Friday 6 a.m.-7:30 p.m.
Saturday 9:30 a.m.-5 p.m.
Sunday 1 p.m.-5 p.m.



OUTDOOR POOLS

Outdoor pools are open seasonally from June-August/September.

LONG MEADOW POOL

917 Liberty Street
919-560-4202

Closed for the season



HILLSIDE POOL

1221 Sawyer Street
919-560-4783

Closed for the season



FOREST HILLS POOL

1639 University Drive
919-560-4782

Closed for the season



OTHER FACILITIES

OPERATIONS CENTER

301 Archdale Drive
919-560-1701



ADMINISTRATION OFFICE

400 Cleveland Street
919-560-4355
Hours: Monday-Friday
8 a.m.-5 p.m.



MORRENE ROAD

1100 Morreene Road
919-560-4405



WEST POINT ON THE ENO

5101 N. Roxboro Road
919-471-1623



SPECIAL USE FACILITIES

Please see page 49&51 for information on renting the following facilities:

DURHAM ARMORY

212 Foster Street, 919-560-4355

MCCOWN-MANGUM HOUSE

5101 N. Roxboro Rd., 919-560-4355

CCB PLAZA

201 Corcoran Street, 919-560-4355

SPRUCE PINE LODGE

2235 Bahama Road, Bahama, NC 27503, 919-560-4355

FOREST HILLS NEIGHBORHOOD CLUBHOUSE

1639 University Drive, 919-560-4355

REGISTRATION

To sign up for programs, participants have the option of registering in person at any recreation center or the administration office.

Online registration is also available for most programs through ACTIVE Net. The online system has many great benefits, is easy to use, and customers are not charged an online transaction fee! Search for your favorite programs by keyword, age, day, time, location and more!

Visit dprplaymore.org and select "Register Online" to access the active network online registration site.

CREATING YOUR ACTIVE NET ACCOUNT

NEW CUSTOMERS

Step One:

Start by accessing our new registration site:
apm.activecommunities.com/dprplaymore

Step Two:

Click Create an Account

Step Three:

Fill in your name and address. Required fields will be denoted by a red asterisk (*)

Step Four:

Fill in your contact information. *Note: To receive text message alerts, including cancellation notifications, please indicate your cell phone carrier. Click Next when complete.

Step Five:

Enter your personal information then click Next.

Step Six:

Fill in your emergency contact information then click Next.

Step Seven:

Provide your account information. Create a secure password you will be able to remember, but others will not be able to guess. If you prefer not to use your email to login, please create an alternate Login ID. Once you complete all required fields, click Create Account.

Need more assistance? Visit dprplaymore.org for detailed instructions with pictures or contact us Monday-Friday, 8 a.m.-5 p.m. by calling 919-560-4355.

ADOPT-A-PARK ADOPT-A-TRAIL

A Great Way to Give Back

Volunteers from all over the community support Durham's parks and trails through the Adopt-A-Park and Adopt-A-Trail (APAT) programs. These programs are a great opportunity for you or your organization to make a positive difference in your community.

Since 2003, community groups have supported their community by adopting parks and trail segments in Durham. DPR manages nearly 1,800 acres of parkland in more than 68 parks and more than 30 miles of greenways, and we're still growing. The assistance we receive from adopting agencies is invaluable as we make every effort to care for our natural resources.

The City of Durham Parks and Recreation Department provides routine park maintenance and repairs; however, the adopting individuals and organizations give the park or trail the extra care and attention it needs. Adopters work on a variety of projects of their choosing. They have assisted with numerous cleanup, landscaping, and facility improvement projects.

Any individual or organization interested in bettering our parks and trails can adopt. For additional information on the Adopt-A-Park and Adopt-A-Trail programs, please visit our website dprplaymore.org or contact Mal Atkinson, at 919-560-4355 or dprvolunteers@durhamnc.gov.



Burn Boot Camp South Durham adopted a portion of the American Tobacco Trail.

DPR strives to make our programs, services and facilities accessible for all individuals and families, regardless of race, color, religion, gender, national origin, marital status, sexual orientation or ability level.

REGISTRATION DATES

January-May 2018

Program Registration:

Registration will begin Friday, December 1, 2017 for programs taking place January-May 2018.

Athletic League Registration:

Please see the Athletics Section (p. 19-22) for dates and times.

Drop-In Programs:

DPR offers a variety of programs that are "drop-in" and pre-registration is not required.

Swim Lesson Registration dates:

Friday, December 1, 2017 for classes that begin in January and February.

Monday, February 19 for classes that begin in March through April 9.

Monday, April 9 for classes that begin April 21- May.

PARKS

NORTH

NAME	ADDRESS	ZIP	ACRES	Athletic Field	Ballfield	Basketball	Boating	Camping	Disc Golf	Dog Park	Greenway/Trail	Grills	Fishing	Picnic Tables	Playground	Restrooms	Picnic Shelter	Tennis Courts	Water Fountain
Glendale Heights Park	707 W. Murray Ave.	27704	21.2								●			●					
Holly Grove Area	163 Archery Range Rd.	27503	44.39					●			●	●		●		●			
Holt School Road Park	4102 Holt School Rd.	27704	4.69									●		●	●		●		●
Lake Michie Boathouse	2802 Bahama Rd.	27503	3.77				●						●	●		●			
Lakeview Park	3500 Dearborn Dr.	27704	5.87		●	●						●		●	●	●	●		●
Little River Fishing Facility	1500 Orange Factory Rd.	27712	9.2										●	●		●			
Northgate Park	300 W. Club Blvd.	27704	30.35							●	●	●		●	●	●	●	●	●
Old Farm Road Park	7 Hedgerow Pl.	27704	13.39	●		●						●		●	●	●	●		●
Overlook Park	2527 Bahama Rd.	27503	.08																
Red Maple Park	3320 Hinson Dr.	27704	11.13		●	●						●		●	●		●		●
River Forest Park	1000 Windermere Dr.	27712	67.65	●							●	●		●	●		●		
Rock Quarry Park	701 Stadium Dr.	27704	46.1	●							●			●	●	●		●	●
Snow Hill Road Park	619 Snow Hill Rd.	27712	35	●	●														
Spruce Pine Lodge	2335 Bahama Rd.	27503	67.49					●			●	●	●	●	●	●	●		●
Valley Springs Park	3805 Valley Springs Rd.	27712	50.36	●	●				●			●		●	●	●	●	●	●
West Point on the Eno	5101 N. Roxboro Rd.	27712	381.8				●				●	●		●		●	●		●
Whippoorwill Park	1632 Rowemont Dr.	27705	25.27		●						●	●	●	●	●	●	●	●	●
Wilkins Road Park	9301 Wilkins Rd.	27503	3.77									●	●	●		●	●		●

WEST CENTRAL

NAME	ADDRESS	ZIP	ACRES	Athletic Field	Ballfield	Basketball	Boating	Camping	Disc Golf	Dog Park	Greenway/Trail	Grills	Fishing	Picnic Tables	Playground	Restrooms	Picnic Shelter	Tennis Courts	Water Fountain
American Village Park	4703 American Dr.	27705	4.2									●		●	●		●		●
Bay-Hargrove Park	208 Hargrove St.	27701	.59											●	●				●
Belmont Park	2207 Sovereign St.	27705	.49											●					
Burch Avenue Park	816 Burch Ave.	27712	.57									●		●	●				●
Carroll Street Park	815 Carroll St.	27701	.79			●						●		●					
Crest Street Park	2503 Crest St.	27705	6.83		●	●								●	●	●	●		●
Indian Trail Park	1701 Albany St.	27705	8.5								●			●	●				●
Lyon Park	1200 W. Lakewood Ave.	27707	12.23	●	●	●								●	●	●	●		●
Maplewood Park	1530 Chapel Hill Rd.	27701	.545											●	●				
Morreene Road Park	1102 Morreene Rd.	27705	11.96		●	●								●	●	●	●	●	●
Old North Durham Park	310 W. Geer St.	27701	3.58	●							●			●	●				
Orchard Park	1000 S. Duke St.	27701	7.39									●		●	●		●		●
Oval Drive Park	2200 W. Club Blvd.	27704	3.44		●	●						●		●	●		●	●	●
Trinity Park	410 Watts St.	27701	.69									●		●	●		●		●
Walltown Park	1308 W. Club Blvd.	27705	6.69		●	●						●		●	●	●	●		●
Westover Park	1900 Maryland Ave.	27705	1.8								●	●		●	●				●
Wrightwood Park	1301 Anderson St.	27707	12.85		●									●	●	●	●		

*Sprayground

Park amenities subject to change. Visit dprplaymore.org for additional amenity details.

We support Inclusion - Persons of all ability levels are welcome at every facility and every program.
CR: City Resident; NCR: Non-City Resident

PARKS

EAST CENTRAL

NAME	ADDRESS	ZIP	ACRES	Athletic Field	Ballfield	Basketball	Boating	Camping	Disc Golf	Dog Park	Greenway/Trail	Grills	Fishing	Picnic Tables	Playground	Restrooms	Picnic Shelter	Tennis Courts	Water Fountain
Bethesda Park	1814 Stage Rd.	27703	20.45			●			●			●		●	●	●		●	●
Birchwood Park	3105 Hursey St.	27703	4.9		●	●													
Burton Park	1100 Sima Ave.	27701	10.34			●						●		●	●		●		●
C.R. Wood Park	417 Commonwealth Ave.	27703	17.4		●	●						●		●	●	●	●		●
Drew/Granby Park	1100 Drew St.	27701	.44											●	●				
Duke Park	106 W. Knox St.	27701	17.24								●	●		●	●	●	●		●
East Durham Park	2500 E. Main St.	27703	9.01		●	●						●		●	●		●		●
East End Park *	1200 N. Alston Ave.	27701	9.46	●	●	●						●		●	●	●	●	●	●
Edgemont Park	205 S. Elm St.	27701	.77									●		●	●		●		
Forest Hills Park *	1639 University Dr.	27707	45.86								●	●		●	●	●	●	●	●
Grant Park (north)	918 Grant St.	27701	1.52												●				
Grant Park (south)	1200 Grant St.	27701	.55																
Hillside Park *	1301 S. Roxboro St.	27707	13.82		●	●						●		●	●	●	●		●
Long Meadow Park	917 Liberty St.	27701	15.58		●	●					●	●		●	●	●	●		●
Oakwood Park	411 Holloway St.	27701	1.2											●	●				●
Rocky Creek Park	1014 N. Elizabeth St.	27701	1.37									●		●	●				
Sherwood Park	1720 Cheek Rd.	27703	15.1		●	●									●	●	●	●	●
Twin Lakes Park	439 Chandler Rd.	27703	49.8	●			●					●	●	●	●	●	●		●

SOUTH

NAME	ADDRESS	ZIP	ACRES	Athletic Field	Ballfield	Basketball	Boating	Camping	Disc Golf	Dog Park	Greenway/Trail	Grills	Fishing	Picnic Tables	Playground	Restrooms	Picnic Shelter	Tennis Courts	Water Fountain
C.M. Herndon Park	511 Scott King Rd.	27713	25.18	●	●						●	●		●	●	●	●		●
Campus Hills Park	2000 S. Alston Ave.	27707	28.6	●	●						●	●	●	●	●		●		●
Cook Road Park	602 Cook Rd.	27707	8.11	●		●						●		●	●		●	●	●
Cornwallis Road Park	2830 Wade Rd.	27705	19.97			●			●						●	●			●
Elmira Avenue Park	540 Elmira Ave.	27707	11.86			●					●	●		●	●	●	●	●	●
Garrett Road Park	6815 Garrett Rd.	27707	7.64								●	●		●	●	●	●	●	●
Leigh Farm Park	370 Leigh Farm Rd.	27514	96.1						●		●			●		●			●
Old Chapel Hill Road Park	3751 SW Durham Dr.	27707	23.7	●	●	●					●				●	●		●	●
Piney Wood Park	400 E. Woodcroft Pkwy.	27713	39.47	●	●					●		●		●	●	●	●	●	●
Rockwood Park	2310 Whitley Dr.	27707	12.23			●						●		●	●	●	●		●
Sandy Creek Park	3510 Sandy Creek Rd.	27707	101.7								●			●		●	●		●
Shady Oaks Park	2400 Nebo St.	27707	1.4												●				
Solite Park	4704 Fayetteville Rd.	27713	11.35			●					●	●		●	●	●	●		●
Southern Boundaries Park	100 Third Fork Dr.	27707	29.7		●	●					●					●		●	●
Unity Village Park	2011 Matilene St.	27707	3.7			●						●		●	●	●	●		●
Weaver Street Park	3000 E. Weaver St.	27707	7.5		●	●					●				●				
White Oak Park	2504 Dallas St.	27707	1.2			●								●					

DOWNTOWN

Durham Central Park ▲	501 Foster St.	27701	5.2									●		●	●	●			●
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▲ Skatepark

* Sprayground

Park amenities subject to change. Visit dprplaymore.org for additional amenity details.

We support Inclusion - Persons of all ability levels are welcome at every facility and every program.

CR: City Resident; NCR: Non-City Resident

TRAILS AND GREENWAYS

North/South Greenway

Warren Creek Trail

This trail follows Warren Creek from Whippoorwill Park to Horton Road.

Length: 0.75 miles
Surface: Paved, 10 feet wide
Begins: Horton Road
Ends: Whippoorwill Park
Restrooms: Whippoorwill Park

Stadium Drive Trail

This trail follows the south side of Stadium Drive along 10-foot wide sidewalks. It switches to the north side at Broad Street and then back to the south side at Kirkwood. This trail is primarily a sidewalk trail.

Length: 1.9 miles
Surface: Paved sidewalks, 10 feet wide
Begins: northern terminus of the Ellerbee Creek Trail
Ends: Whippoorwill Park
Restrooms: Whippoorwill Park, Rock Quarry Park, The Museum of Life and Science

Ellerbee Creek Trail

This trail is one of the oldest trails in the Durham Trails and Greenways System. As a part of the North/South Greenway, it runs through the center of Durham, providing excellent recreational opportunities as well as good bike and pedestrian access to downtown Durham. The majority of this trail is paved, separated from the road.

Length: 1.2 miles
Surface: Paved trail, 10 feet wide
Begins: Stadium Drive
Ends: Club Blvd (Parking at Northgate Park)
Restrooms: Rock Quarry Park, Northgate Park

West Club Blvd Trail

This trail is a 10-foot wide sidewalk trail which crosses W. Club Blvd at the corner of W. Club and Glendale Avenue. This trail follows W. Club Boulevard.

Length: 0.3 miles
Surface: Paved sidewalk, 10 feet wide
Begins: Northgate Park (Parking)
Ends: Washington Street
Restrooms: Northgate Park

South Ellerbee Creek Trail

This trail is one of the oldest trails in the Durham Trails and Greenways System. As a part of the North/South Greenway, it runs through the center of Durham, providing excellent recreational opportunities as well as good bike and pedestrian access to downtown Durham.

Length: 1.4 miles
Surface: Paved, 10 feet wide
Begins: West Trinity Avenue
Ends: West Club Blvd.
Restrooms: Northgate Park

Duke Park Trail

This trail follows Brookline Street, which is closed to traffic. It connects Duke Park with the North/South Greenway at Washington Street.

Length: 0.3 miles
Surface: Paved roadway
Begins: Washington Street
Ends: Duke Park at Acadia Street (Parking)
Restrooms: Duke Park

Downtown Trail

This trail runs through the middle of downtown Durham. Green bricks along the side of the sidewalk mark the trail, but there is also good road signage. While bicycles are allowed on these wider sidewalks, please ride slowly and yield to pedestrians.

Length: .9 miles
Surface: Paved sidewalks, 10 feet wide
Begins: West Trinity Ave
Ends: Jackie Robinson Drive adjacent to the Durham Bulls Athletic Park and the American Tobacco Campus
Restrooms: Restrooms at the Durham Farmer's Market

West Ellerbee Creek Trail

This trail follows West Ellerbee Creek, which has recently been restored. The Ellerbee Creek Watershed Association has landscaped the trail with native plants.

Length: 0.75 miles
Surface: Paved surface, 10 feet wide
Begins: Albany Drive near Indian Trail Park
Ends: Maryland Avenue adjacent to Westover Park
Restrooms: none

Third Fork Creek Trail

This trail follows Third Fork Creek. Keep an eye out for mud and water, which can sometimes be found on this trail during high water periods.

Length: 3.6 miles
Surface: Paved off-road trail, 10 feet wide
Begins: Southern Boundaries Park
Ends: Garrett Road Park
Restrooms: Southern Boundaries Park, Garrett Road Park



Scan for maps and details on Durham's trails from the Durham Open Space and Trails Commission website.
www.bikewalkdurham.org



TRAILS AND GREENWAYS

American Tobacco Greenway

American Tobacco Trail - Durham Section

This trail is a 10-foot wide, paved, off-road trail which follows the old CSX railroad. The trail is heavily used by walkers, joggers, cyclists, roller-bladers and folks pushing strollers. Users need to keep their speed below 10 mph and watch for other trail users.

Length: 11.0 miles
Surface: Paved off-road trail, 10 feet wide
Begins: Corner of Morehead and Blackwell Streets
Ends: Jordan Lake (Durham section ends at the Chatham County Line, 3000ft south of Scott King Rd.)
Restrooms: Elmira Park, Solite Park, C.M. Herndon Park

Riddle Road Spur

This trail follows the old Riddle Road Spur of the CSX railroad. There are several street level crossings: Riddle Road (no light), NC 55 (Apex Hwy) with pedestrian light, and S. Alston (traffic four-way stop).

Length: 1.50 miles
Surface: Paved off-road trail, 10 feet wide
Begins: Intersection of Riddle and Fayetteville Roads
Ends: S. Briggs Avenue
Restrooms: None

New Hope Creek Greenway

Sandy Creek Trail

This trail is a 10-foot wide, paved, off-road trail that follows Sandy Creek. This trail and park are birding hotspots. In addition to some 100 species of birds having been sighted, there is also an abundance of other wildlife, including beavers, deer, otters, coyotes, red fox, and turtles. The best time to walk the trail for birds and other wildlife is early mornings and around dusk.

Length: 0.75 miles
Surface: Paved off-road trail, 10 feet wide
Begins: Pickett Road
Ends: Sandy Creek Park
Restrooms: Sandy Creek Park

Pearsonstown-Rocky Creek Greenway

Pearsonstown Trail

This trail is one of the oldest trails in the Trails and Greenways System. It was originally designed to serve the NCCU community. On-road connections can be made to the R. Kelly Bryant Bridge.

Length: 1 mile
Surface: Paved on-road and off-road trails.
Begins: Elmira Park
Ends: NC Central University
Restrooms: Elmira Park

Rocky Creek Trail

This trail is a 10-foot wide, paved, off-road trail which follows Rocky Creek from the American Tobacco Trail to NC 55. On-road connections can be made to the R. Kelly Bryant Bridge.

Length: 1 mile
Surface: Paved off-road trail, 10 feet wide
Begins: American Tobacco Trail south of Fayetteville Street
Ends: Dakota Street, just west of NC 55
Restrooms: Elmira Park

R. Kelly Bryant Bridge Trail

This trail currently consists of a connector sidewalk from the Bryant Bridge to Alston Ave, the Bryant Bridge, and a street trail along Lakeland Street the main feature of this trail is the beautiful bridge named after long-time civil rights and Durham Open Space and Trails member, R. Kelly Bryant Jr.

Length: 0.3 miles
Surface: Paved off-road trail, 10 feet wide and street trail.
Begins: Alston Avenue just north of the NC 147 exit ramp
Ends: Corner of Lakeland and Mathison Streets
Restrooms: None



Become a DURHAM COMMUNITY TRAIL WATCH VOLUNTEER!

Volunteers help monitor the hike and bike trails in Durham.

For more information and to apply, visit dprplaymore.org and select Volunteer With Parks & Recreation.



AFTER SCHOOL AND CARE PROGRAMS

AFTER SCHOOL

Looking for a safe, fun, educational after school environment? Join DPR's after school program for homework, arts and crafts, health and fitness activities and other enrichment programs.

After school is a program that runs from July 17, 2017 - June 6, 2018, for year round students, and from August 28, 2017 - June 6, 2018 for traditional students. Fees are billed either on a weekly, bi-weekly, every other week or monthly basis.

Age: 5-12 (unless otherwise noted)
CR Fee: \$1,188 NCR Fee: \$1,413

Fees listed above are for the entire school year. Fees are based on registration date and are prorated. Registrants may select their own individual payment plan (weekly, biweekly, every other week or monthly).

All after school registrations must be done at the DPR administration office. Monday through Friday between the hours of 9 a.m. and 4 p.m.

After School - Year Round

EDISON JOHNSON RECREATION CENTER
7340 M-F 2:30pm-6pm
I.R. HOLMES, SR. RECREATION CENTER
7344 M-F 2:30pm-6pm

After School - Traditional

EDISON JOHNSON RECREATION CENTER
7339 M-F 2:30pm-6pm
HOLTON CAREER AND RESOURCE CENTER
Age: 6-12
7342 M-F 2:30pm-6pm
I.R. HOLMES, SR. RECREATION CENTER
Age: 5-12
7343 M-F 2:30pm-6pm
WALLTOWN PARK RECREATION CENTER
7347 M-F 2:30pm-6pm
W.D. HILL RECREATION CENTER
7345 M-F 2:30pm-6pm

Explore After School - Traditional

This alternative to inclusion promotes development of participants' life skills through group activities and exposure to diverse athletic, creative and educational experiences. If you believe inclusion is not the best option for your child, or if he/she is older than 17, (the maximum for inclusion in other programs), we welcome you to register for Explore.

Age: 13-20
CFLRC AT LYON PARK
7341 M-F 3pm-6pm

Intersession

Does your year-round school child need a place to go during intersession or break? In this program, kids enjoy structured activities that include sports, games, swimming, dance, arts and crafts, and much more. Rates are per week. Age: 5-12

CR Fee \$132; NCR Fee \$157

HOLTON CAREER AND RESOURCE CENTER
7352 Jan 2-Jan 5 T-F 7:30am-6pm
I.R. HOLMES, SR. RECREATION CENTER
7353 Mar 19-Mar 23 M-F 7:30am-6pm
7354 Mar 26-Mar 29 M-F 7:30am-6pm
7355 Apr 2-Apr 6 M-F 7:30am-6pm

Fun Days

Looking for a place for your child to go when school is out? Kids can enjoy a fun-filled day of activities including sports, games, dance, arts and crafts, and much more. Rates are per day.

Age: 5-12
CR Fee: \$26 NCR Fee: \$41

HOLTON CAREER AND RESOURCE CENTER
7893 Jan 2 T 7:30am-6pm
7894 Jan 3 W 7:30am-6pm
7895 Jan 4 Th 7:30am-6pm
7896 Jan 5 F 7:30am-6pm
WALLTOWN RECREATION CENTER
7897 Jan 16 T 7:30am-6pm
W.D. HILL RECREATION CENTER
7898 Feb 19 M 7:30am-6pm



SUMMER CAMP

2018 Summer Camp

Monday, June 18-Friday, August 17
7:30 a.m.-6 p.m.

Camps will be closed on Wednesday, July 4, for the holiday.

Registration opens Monday, March 12.

Summer Camp Offerings

Youth Camps – Ages: 5-12
Teen Camps – Ages 13-17
Specialty Camps – Ages Vary

Summer Camp Fees

City Resident - \$132 per child/week
Non-City Resident - \$157 per child/week

For complete details visit dprcareprograms.org

SLIDING FEE SCALE

A sliding fee scale scholarship may be used to reduce the amount paid for childcare programs including summer camps, after school programs and intersession. The scale ranges from 10-100% pay and is based on income, number of members per household, and special circumstances affecting the applicant's ability to pay. Applications are available online at dprcareprograms.org, at the administrative office or any recreation center. If approved, the reduced fee is valid for one year.



AQUATICS

DPR Aquatics provides opportunities in and around water to develop water skills, knowledge, and promote water safety for everyone in the community. DPR operates two indoor eight-lane pools which offer a number of water programs including exercise/fitness, swim lessons, swim teams, lap swim, and family swim. Both pools have aquatic lifts to assist patrons who may not have the ability to access the pool via vertical ladders or stair systems. Edison Johnson also has a ramp entrance and water chair.

Lap Swim

During lap swim times, patrons may use the facility's lane space for lap swimming. Aquatic devices such as kick boards and pull buoys are available to use. The number of lap lanes available will be based on the current program schedule. Multi-visit passes are available for purchase with a Play More Card.

Fee:

Age	CR	NCR
0-18	\$0	\$5
19-54	\$4	\$9
55+	\$3	\$8

CAMPUS HILLS POOL

Jan 2-May 31	M-Th	6am-8pm
	Fr	6am-7:30pm
	Sa	8am-5pm
	Su	1pm-5pm

EDISON JOHNSON AQUATIC CENTER

Jan 2-May 31	M-Th	6am-8pm
	F	6am-7:30pm
	Sa	9:30am-5pm
	Su	1pm-5pm

Recreational Swim

Recreational swim is a time to enjoy unstructured water activities with friends and family. Multi-visit punch passes are also available. Times vary depending on scheduled activities.

Fee:

Age	CR	NCR
0-18	\$0	\$5
19-54	\$4	\$9
55+	\$3	\$8

CAMPUS HILLS POOL

Jan 2-May 31	Mon-Fri	10am-12pm
Jan 4-Feb 26	Mon-Fri	1pm-3:30pm
	Sa, Su	1pm-5pm
Mar 5-May 31	M-F	1pm-4pm

EDISON JOHNSON AQUATIC CENTER

Jan 2-May 31	Tu, Th	9am-12pm
	Sa, Su	1pm-5pm
Jan 4-Feb 16	M-F	1pm-3pm
Feb 19-May 31	M-F	1pm-4pm

INDOOR AQUATIC CENTERS

CAMPUS HILLS POOL

2000 South Alston Avenue • 919-560-4444

Monday-Thursday	6 a.m.-8 p.m.
Friday	6 a.m.-7:30 p.m.
Saturday	8 a.m.-5 p.m.
Sunday	1 p.m.-5 p.m.



EDISON JOHNSON AQUATIC CENTER

500 W. Murray Avenue • 919-560-4265

Monday-Thursday	6 a.m.-8 p.m.
Friday	6 a.m.-7:30 p.m.
Saturday	9:30 a.m.-5 p.m.
Sunday	1 p.m.-5 p.m.



Water Walking/Individual Exercise

During water walking/individual exercise times, patrons may use the facility's lane space for their personal water workouts. Aquatic devices such as life vests, water exercise belts, noodles, kick boards and pull buoys are available. The number of lap lanes available will be based on the current program schedule. Multi-visit passes are available with purchase of Play More Card.

CR Fee: \$4 NCR Fee: \$9

CAMPUS HILLS POOL

Jan 2-May 31	M-F	6am-9am
	M-F	1pm-4pm
	Sa	10am-5pm
	Su	1pm-5pm

EDISON JOHNSON AQUATIC CENTER

Jan 2-May 31	M-F	6am-10am
	M-F	12pm-4pm
	M-Th	7pm-8pm
	F	6pm-7:30pm
	Sa	12 pm-1pm
	Sa, Su	3pm-5pm

SWIM LESSONS

Swim Lessons - Aqua Babies

The purpose of this American Red Cross program is to teach safe behaviors around the water and develop swimming readiness by leading parents and their children in water exploration activities with the objective of having fun and becoming comfortable in and around water.

Age: 6-18 months

CR Fee: \$23 NCR Fee: \$28

EDISON JOHNSON AQUATIC CENTER

8533	Mar 19-Apr 16	M	5:30pm-6pm
8534	Apr 30-May 21	M	5:30pm-6pm

Swim Lessons - Aqua Tot

The purpose of this American Red Cross program is to teach safe behaviors around the water and develop swimming readiness by leading parents and their children in water exploration activities with the objective of having fun and becoming comfortable in and around water.

Age: 19 months-3 years

EDISON JOHNSON AQUATIC CENTER

CR Fee: \$46 NCR Fee: \$61

8537	Mar 20-Apr 19	T,Th	5:30pm-6pm
8538	May 1-May 24	T,Th	5:30pm-6pm

MULTI-VISIT Passes

Save money on Lap Swim, Recreational Swim and Water Walking/Individual Exercise by purchasing Multi-visit passes (Play More Card is required).

Details on page 5.



AQUATICS continued

SWIM LESSON REGISTRATION

Registration begins:

Friday, December 1, 2017 for classes that begin in January and February.

Monday, February 19 for classes that begin in March through April 9.

Monday, April 9 for classes that begin April 21- May.

Swim Lessons - Preschool

This American Red Cross Learn-to-Swim program aims to promote the developmentally appropriate learning of fundamental water safety and aquatic skills by young children. It teaches aquatic and safety skills in a logical progression through three levels. Children are grouped according to comfort level and skill proficiency. The program offers a fun, challenging, and supportive learning environment for preschoolers. Prerequisites for each level are:

Level 1: No prerequisites; new to the pool, needing to learn water adjustment skills.

Level 2: Able to fully submerge head and swim short distances on front and back, with support.

Level 3: Able to swim at least 5 yards on front and back, unsupported.

Age: 3-5

CAMPUS HILLS POOL

CR Fee: \$46 NCR Fee: \$61

8610 Feb 12-Mar 7 M,W 5:30pm-6pm

8611 Mar 19-Apr 18 M,W 5:30pm-6pm

8612 Apr 30-May 23 M,W 5:30pm-6pm

EDISON JOHNSON AQUATIC CENTER

CR Fee: \$46 NCR Fee: \$61

8541 Feb 12-Mar 7 M,W 5:30pm-6pm

8542 Feb 13-Mar 8 T,Th 5:30pm-6pm

8545 Mar 19-Apr 18 M,W 5:30pm-6pm

8546 Mar 20-Apr 19 T,Th 5:30pm-6pm

8549 Apr 30-May 23 M,W 5:30pm-6pm

8550 May 1-May 24 T,Th 5:30pm-6pm

Swim Lessons - Youth

The American Red Cross Learn-to-Swim program consists of six comprehensive levels that teach children of varying abilities how to swim skillfully and safely. Each level includes training in basic water safety. All aquatic and safety skills are taught in a logical progression. Prerequisites for each level are:

Level 1: No prerequisites; new to the pool, needing to learn water adjustment skills.

Level 2: Able to fully submerge head and swim short distances on front and back, with support.

Level 3: Able to swim at least 5 yards on both front and back, unsupported.

Level 4: Able to swim at least 15 yards (half of pool length) of both front crawl and elementary back stroke.

Level 5: Able to swim 25 yards of both front crawl and elementary backstroke and 15 yards of back crawl, breaststroke, and butterfly.

Level 6: "Fitness Swimming." Able to swim 50 yards of both front crawl and elementary

backstroke and 25 yards of back crawl, breaststroke, and butterfly. Needing to improve technique and endurance.

Age: 6-12

Youth Levels 1-3

CAMPUS HILLS POOL

CR Fee: \$52 NCR Fee: \$67

8614 Feb 12-Mar 7 M,W 5:30pm-6:15pm

8617 Feb 13-Mar 8 T,Th 5:15pm-6pm

8615 Mar 19-Apr 18 M,W 5:30pm-6:15pm

8618 Mar 20-Apr 19 T,Th 5:15pm-6pm

8616 Apr 30-May 23 M,W 5:30pm-6:15pm

8619 May 1-May 24 T,Th 5:15pm-6pm

EDISON JOHNSON AQUATIC CENTER

CR Fee: \$52 NCR Fee: \$67

8556 Feb 12-Mar 7 M,W 4:30pm-5:15pm

8557 Feb 12-Mar 7 M,W 6:15pm-7pm

8558 Feb 13-Mar 8 T,Th 6:15pm-7pm

8560 Mar 19-Apr 18 M,W 4:30pm-5:15pm

8561 Mar 19-Apr 18 M,W 6:15pm-7pm

8562 Mar 20-Apr 19 T,Th 6:15pm-7pm

8563 Apr 30-May 23 M,W 4:30pm-5:15pm

8564 Apr 30-May 23 M,W 6:15pm-7pm

8565 May 1-May 24 T,Th 6:15pm-7pm

Youth Levels 3-4

CAMPUS HILLS POOL

CR Fee: \$52 NCR Fee: \$67

8621 Feb 13-Mar 8 T,Th 6:15pm-7pm

8622 Mar 20-Apr 19 T,Th 6:15pm-7pm

8623 May 1-May 24 T,Th 6:15pm-7pm

EDISON JOHNSON AQUATIC CENTER

CR Fee: \$52 NCR Fee: \$67

8566 Feb 12-Mar 7 M,W 7:10pm-7:55pm

8567 Mar 19-Apr 18 M,W 7:10pm-7:55pm

8568 Apr 30-May 23 M,W 7:10pm-7:55pm

Youth Levels 5-6

CAMPUS HILLS POOL

CR Fee: \$52 NCR Fee: \$67

8625 Feb 13-Mar 8 T,Th 7:10pm-7:55pm

8626 Mar 20-Apr 19 T,Th 7:10pm-7:55pm

8627 May 1-May 24 T,Th 7:10pm-7:55pm

EDISON JOHNSON AQUATIC CENTER

CR Fee: \$52 NCR Fee: \$67

8570 Feb 13-Mar 8 T,Th 7:10pm-7:55pm

8572 Mar 20-Apr 19 T,Th 7:10pm-7:55pm

8574 May 1-May 24 T,Th 7:10pm-7:55pm

Swim Lessons - Teen

This American Red Cross program is designed for beginners and intermediate-level swimmers. Students will be grouped according to skill level on the first day of class. Topics of instruction include basic aquatic skills, swimming strokes, personal water safety skills, and basic water rescue. If you want to become a better swimmer, or have dreamed of becoming a lifeguard, this program will help you reach those goals. There are no prerequisites for this course.

Age: 11-18

EDISON JOHNSON AQUATIC CENTER

CR Fee: \$52 NCR Fee: \$67

8553 Feb 12-Mar 7 M,W 7:10pm-7:55pm

8554 Mar 19-Apr 18 M,W 7:10pm-7:55pm

8555 Apr 30-May 23 M,W 7:10pm-7:55pm

Developmental Swim Team -

DPR Marlins

This developmental swim team will serve as an extension to the swim lesson program by providing workout-based swim instruction while continuing to focus on the participant's stroke technique and stamina in a competitive team environment. Participants can expect to be swimming 500+ yards per practice. Participants must be able to continuously swim 50 yards of both front crawl and elementary backstroke in addition to 25 yards of back crawl, breaststroke and butterfly.

Age: 6-17

CR Fee: \$52 NCR Fee: \$67

EDISON JOHNSON AQUATIC CENTER

8513 Feb 12-Feb 22 M-Th 4pm-5pm

8514 Feb 26-Mar 8 M-Th 4pm-5pm

8515 Mar 19-Mar 29 M-Th 4pm-5pm

8516 Apr 9-Apr 19 M-Th 4pm-5pm

8517 Apr 30-May 10 M-Th 4pm-5pm

8518 May 14-May 24 M-Th 4pm-5pm



AQUATICS continued

SWIM LESSON REGISTRATION

Registration begins:

Friday, December 1, 2017 for classes that begin in January and February.

Monday, February 19 for classes that begin in March through April 9.

Monday, April 9 for classes that begin April 21- May.

Swim Lessons - Adult All Levels

This American Red Cross program is designed for beginners and intermediate-level swimmers. Students will be grouped according to skill level on the first day of class. Topics of instruction include basic aquatic skills, swimming strokes, personal water safety skills, and basic water rescue. If you want to become a better swimmer, or have dreamed of becoming a lifeguard, this program will help you reach those goals. There are no pre-requisites for this course.

Age: 18 and up

EDISON JOHNSON AQUATIC CENTER

CR Fee: \$52 NCR Fee: \$67

8527 Feb 13-Mar 8 T,Th 7:10pm-7:55pm

8528 Mar 20-Apr 19 T,Th 7:10pm-7:55pm

8529 May 1-May 24 T,Th 7:10pm-7:55pm

CAMPUS HILLS POOL

CR Fee: \$52 NCR Fee: \$67

8605 Feb 12-Mar 7 M,W 7:10pm-7:55pm

8606 Mar 19-Apr 18 M,W 7:10pm-7:55pm

8607 Apr 30-May 23 M,W 7:10pm-7:55pm

Durham Aquatic School (DAS)

The purpose of this program is to offer free lifeguard certification training to area teens willing to work for DPR this summer as lifeguards. In addition to the traditional program offered during Durham Public Schools' spring break period, a 'weekender' course is also being offered for teens who may attend other schools. Interested teens must complete a 'Durham Aquatic School Application.' Application packets may be downloaded from DPR's website, www.dprplaymore.org, beginning Wednesday, January 4. To qualify for the Durham Aquatic School, participants must be 16-19 years old and currently enrolled in high school. They must also be able to pass the pre-requisite swim test (see 'Lifeguard Training Course' description for test requirements). Detailed information about Durham Aquatic School is provided in the application packet. Space is limited, so apply early.

Age: 16-19

No cost

EDISON JOHNSON AQUATIC CENTER

8401 Apr 2-Apr 6 M-Fr 9am-5pm

CAMPUS HILLS POOL

8402 Mar 16-Mar 25 F 5:30pm-9pm

Sa 9am-5pm

S 12pm-6pm

DAS Practice Sessions

These are optional practice sessions for those who wish to participate in Durham Aquatic School.

Age: 16-19

No Cost

CAMPUS HILLS POOL

8396 Feb 21-Mar 7 W 7pm-8pm
Sa 3pm-4:30pm

EDISON JOHNSON AQUATIC CENTER

8395 Feb 27-Mar 20 T 7pm-8pm
Sa 3pm-4:30pm

DAS Pre-course Swim Test

Participants in DAS must attend a pre-course swim test session to be able to participate in DAS.

Age: 16-19

No Cost

CAMPUS HILLS POOL

8399 Mar 14 W 7pm-8pm

EDISON JOHNSON AQUATIC CENTER

8397 Mar 24 Sa 3pm-4:30pm

8398 Mar 27 T 7pm-8pm

SAFETY TRAININGS

Lifeguard Training

Upon successful completion of this course, participants will be certified as American Red Cross Lifeguards. Course includes CPR/AED and First Aid training. The course fee includes a textbook and a pocket mask. Prerequisites: Participants must be at least 15 years of age. They must be able to swim 300 yards continuously demonstrating breath control and rhythmic breathing. This may be performed using the front crawl, breaststroke or a combination of both. Participants must be able to tread water for two minutes using only the legs. Participants must be able to swim 20 yards, retrieve a ten-pound object from a depth of seven feet, return to the starting point, and exit the pool within one minute and 40 seconds. Both hands must be holding the object with the face at or near the surface.

Age: 15 and up

CR Fee: \$190 NCR Fee: \$215

CAMPUS HILLS POOL

8406 Feb 23-Mar 4 F 5:30pm-8:30pm
Sa 11am-5pm
S 12pm-6pm

EDISON JOHNSON AQUATIC CENTER

8404 Apr 20-Apr 29 F 5:30pm-8:30pm
Sa 11am-5pm
S 12pm-6pm

8405 May 11-May 20 F 5:30pm-8:30pm

Sa 11am-5pm

S 12pm-6pm

Water Safety Instructor

Upon successful completion of this course, participants will be certified to teach a variety of American Red Cross water safety programs, including all levels of the "Learn-to-Swim" program. Course fee includes two manuals. Participants must be at least 16 years old; must pass a swimming pre-test consisting of 25 yards front crawl, 25 yards back crawl, 25 yards breaststroke, 25 yards elementary backstroke, 25 yards sidestroke, 15 yards butterfly, back float for one minute, tread water for one minute; and they must successfully complete the Red Cross online session for the course (information will be emailed to participants after registration). Course registration will close April 16.

Age: 16 and up

CR Fee: \$209 NCR Fee: \$234

CAMPUS HILLS POOL

8486 May 7-May 21 M,W 5:30pm-9pm
Sa 12pm-6pm

**DID YOU KNOW YOU CAN
REGISTER ONLINE?**

Visit dprplaymore.org and click on Register Online.



AQUATICS continued

Lifeguard Instructor

Upon successful completion of this course, participants will be certified to teach American Red Cross Lifeguard Training and its components. Course fee includes a Lifeguard Training Participant Manual (revised 2012) and a Lifeguard Training Instructor Manual. Prerequisites: Participants must be at least 17 years of age. They must have a current American Red Cross certificate for Lifeguarding/First Aid/CPR/AED, or an equivalent certificate from another organization. They must successfully complete the Red Cross online session for the course (information will be given to participants after registration). Participants must also successfully complete a pre-course session which tests swimming and rescue skills. Participants must possess a pocket mask. Course registration will close March 29.

Age: 17 and up

CR Fee: \$209 NCR Fee: \$234

EDISON JOHNSON AQUATIC CENTER

8403 Apr 20-Apr 29 F 4:30pm-9pm

Sa 9am-5pm

S 10am-6pm

WATER EXERCISE

Aqua Arthritis Exercise

Exercises are specifically designed for those suffering from debilitating disorders such as arthritis and fibromyalgia. The goal is for participants to perform daily activities with increased comfort. You do not need to know how to swim to join. A multi-visit pass is available for purchase on a Play More Card at a discounted rate per class.

Age: 13 and up

CR Fee: \$5 NCR Fee: \$10

EDISON JOHNSON AQUATIC CENTER

8389 Jan 3-May 30 M,W,F 11am-11:45am

Deep Water Exercise

This invigorating class is conducted in deep water. This program is designed to give a total body workout. Sessions include cardio, toning and stretching components. Exercisers do not need to know how to swim but should be comfortable in deep water even though flotation belts will be provided. A multi-visit pass is available for purchase on a Play More Card at a discounted rate per class.

Age: 13 and up

CR Fee: \$5 NCR Fee: \$10

EDISON JOHNSON AQUATIC CENTER

8390 Jan 6-May 26 Sa 9:45am-10:30am

Shallow Water Exercise

This class offers a total workout while protecting joints from the pounding of a traditional land aerobics class. The program is designed to utilize the natural resistance of water allowing for muscle toning, cardiovascular endurance, and increased flexibility. Participants do not need to know how to swim to join. A multi-visit pass is available for purchase on a Play More Card at a discounted rate per class.

Age: 13 and up

CR Fee: \$5 NCR Fee: \$10

CAMPUS HILLS POOL

8323 Jan 8-May 31 M,Th 6:30pm-7:15pm

8322 Jan 9-May 31 T,Th-F 12:15pm-1pm

EDISON JOHNSON AQUATIC CENTER

8321 Jan 2-May 31 M-Th 6:15pm-7pm

8320 Jan 3-May 30 M,W,F 10am-10:45am

Snorkel 101

Bring your snorkel, bring your fins, bring your mask, and let's jump in. Come learn the basics of snorkeling! Whether for fitness, travel, or fun, this engaging aquatics activity is a skill fit for many. Beginner level swim ability is needed. You will be required to bring your own equipment to class. Participants will be taught how to properly utilize the snorkel, clear your mask, and much more.

Age: 13 and up

CR Fee: \$4 NCR Fee: \$9

CAMPUS HILLS POOL

8502 Feb 17 Sa 1pm-1:45pm

8504 Apr 14 Sa 1pm-1:45pm

8506 May 5 Sa 1pm-1:45pm

AQUATICS EVENTS

Cardboard Boat Race

Captain, find your first mate and race to the finish line in our Pirate Party Cardboard Boat Race! Construct your boat at home using only cardboard, duct tape and waterproof paint. Awards will be given for both spirit and success, so find your inner pirate and come have some fun! Each boat must include one adult and one youth participant. All participants must wear a life jacket (will be provided).

Age: 6-15

CR Fee: \$6 NCR Fee: \$11

CAMPUS HILLS POOL

8394 Jan 27 Sa 3pm-4:30pm



DPR strives to make our programs, services and facilities accessible for all individuals and families, regardless of race, color, religion, gender, national origin, marital status, sexual orientation or ability level.



AQUATICS continued

Polar Plunge

Come join the fun as we celebrate winter at the pool! Children will play in the pool and make winter themed arts and craft projects. All swim levels are welcome and life jackets will be provided. Parents are required to enter the water with children 9 years of age and younger. CR Fee: \$6 NCR Fee: \$11

EDISON JOHNSON AQUATIC CENTER
8510 Feb 17 Sa 5:30pm-7pm

Spring Egg Dive

It's an Eggstravaganza! Dive, splash, and swim for eggs and win prizes at our Spring Egg Dive event. All swim levels are welcome and life vests will be provided. An adult will need to enter the water with children 9 years of age and younger. Registration is limited.

CR Fee: \$6 NCR Fee: \$11

CAMPUS HILLS POOL
8407 Mar 10 Sa 5:30pm-7pm

Dive in Movie

It's movie night at the pool! Join us for a special evening of recreational swim (daily admission fees apply) and enjoy a FREE movie! Bring the whole family and relax in our indoor heated pool, as you watch a "kid-friendly" movie projected on the big screen. Inflatables* may be brought from home for this special event. An adult must enter the water with children 9 years of age and younger. Life jackets will be provided as needed. Dive into a unique movie experience! *Individual sized rafts only. No oversized rafts will be allowed. Noodles available.

Fee:

Age	CR	NCR
0-18	\$0	\$5
19-54	\$4	\$9
55+	\$3	\$8

EDISON JOHNSON AQUATIC CENTER
8400 Apr 13 F 8pm-10pm

Teen Pool Party

Teens! Come celebrate the end of the school year and kick off the summer right at Campus Hills Teen Pool Party! There will be games, music, food, and give-a-ways! Grab your friends to cool off at the pool and turn up to the sound of the beat. Participants must wear appropriate pool attire. Participants 18 years old will be asked to present a valid high school ID in order to participate.

Age: 13-18

No Cost

CAMPUS HILLS POOL
8499 May 18 F 7:30pm-10:30pm

CONNECT WITH US

Receive important news and information!



@DPRPlaymore

Durham PARKS Foundation

Established July 2015

DurhamParksFoundation.org

Why a park foundation?

Fundraising and accepting donations

Private donors often like to give to the private sector because they have more control of how their money will be spent.

Grant writing and management

Many foundations only accept applications from 501(c)3 non-profit organizations.

Efficiency and flexibility

Foundation funding would allow for purchasing equipment, hiring repair crews, and increasing programming opportunities on an as-needed or emergency basis.

Advocacy

Volunteers have more freedom to speak out for budget increases, increased security, or in favor of acquiring new parkland, while a parks department works within the city's adopted priorities.

Community ties

A non-profit foundation has strong credibility with residents and local institutions.

Consistent leadership

A mature nonprofit conservancy or friends group can sometimes provide more continuous leadership than public officials.

email Annette.Smith@durhamnc.gov for more information.

REGISTER EARLY!

If you wait until the last minute to register, the class you want to take may be full or it may be cancelled if enrollment is low. You could make the difference!



ATHLETICS

Provide competitive and recreational play which promotes physical skill development, sportsmanship, teamwork and fitness.

YOUTH AND TEEN SPORTS

Beginning Sports

Introduce your toddlers to your favorite past time sports at an early age!

Age: 1-5

CR Fee: \$9 NCR Fee: \$14

CFLRC AT LYON PARK

8501 Mar 10-Apr 14 Sa 10am-11am

Bitty Baseball

Bitty Baseball is an instructional league program that will focus on the fundamentals of baseball. Games will be held on either Friday nights or Saturday mornings and structured so that all participants bat each inning and play in the field. Parents will be asked and encouraged to participate each game day on the field with their child.

Age: 4-6

CR Fee: \$28 NCR Fee: \$43

SOUTHERN BOUNDARIES PARK

Apr 14-May 19 Sa 9am-11am

8771: Age 4

8772: Age 5

8773: Age 6

DPR Tennis Academy

This academy is designed to teach basic introductory tennis skills to participants. The academy promotes an atmosphere of fun and sportsmanship among coaches, parents, and participants. All participants will attend skill sessions and scrimmage matches on Saturdays at Southern Boundaries Park tennis courts.

CR Fee: \$7.50 NCR Fee: \$12.50

SOUTHERN BOUNDARIES PARK

Jun 2-Jun 23 Sa 9am-10:15am

7981: Age: 5-6

7982: Age: 7-8

Baseball Clinic

Come out for a day at the ballpark and learn the basics of America's favorite pastime.

We will teach participants the fundamentals of hitting, throwing, fielding, pitching and everything in between.

Age: 5-12

CR Fee: \$6 NCR Fee: \$11

VALLEY SPRINGS PARK

8234 Apr 14 Sa 10am-2pm

Beginner Tennis Lessons

Participants will learn the basics of tennis. The class will review basic strokes, tennis strategy, and learn how to score a match. Participants should bring a tennis racquet, water and wear tennis shoes and comfortable clothing.

CR Fee: \$9 NCR Fee: \$14

FOREST HILLS PARK

Mar 5-Mar 21 M,W 6pm-7pm

7966: Age: 5-6

7968: Age: 7-8

7970: Age: 9-10

Apr 2-Apr 18 M,W 6pm-7pm

7973: Age: 11-12

DPR/PALS Teen Basketball

A basketball league for teenagers. Come out and work on your game in this fun, exciting, and competitive summer hoops programs. Games are held two nights per week.

This league is registered by teams only.

Age: 15-18

No Cost

WALLTOWN PARK RECREATION CENTER

7989 Jun 19-Aug 16 T,Th 6pm-9pm

Durham Girls Lacrosse Academy

The Durham Girls Lacrosse Academy is for girls who want to learn the game of lacrosse or to improve their skill level. The first half of each session includes quality instruction and skill development; the second part is a chance to sharpen those skills in lacrosse games.

Age: 6-14

CR Fee: \$13.50 NCR Fee: \$18.50

OLD CHAPEL HILL ROAD PARK

7972 Mar 18-Apr 29 S 2pm-3:30pm

Durham Girls Soccer League (DGSL)

Durham Girls Soccer League is an instructional soccer league for girls ages 6-13. It is the league's philosophy to provide an opportunity for all girls to participate on a soccer team regardless of ability. There will be one practice per week and matches will be on Saturdays.

Age: 6-13 year old girls as of August 1, 2017

Registration Dates:

October 9, 2017 - February 9, 2018

CR Fee: \$39 NCR Fee: \$54

Age: 6-8

7950 Mar 5-Jun 9

Age: 9-10

7952 Mar 8-Jun 9

Age: 11-13

7953 Mar 6-Jun 6

FastPitch Divas Rules Workshop

Learn the rules and interpretations to the game of fast pitch softball from an official.

Age: 13-17

CR Fee: \$6 NCR Fee: \$11

CFLRC AT LYON PARK

8491 Jan 20 Sa 10am-1pm

Glow in the Dark Dodgeball

Remember the days of playing dodgeball?

Now is your chance to play it again, but in the dark! Come out and enjoy a fun new way of playing glow in the dark dodgeball. Individuals and teams are welcome to participate in this high-energy dodgeball game. At least 4 players on a team, no more than 8 players per team. First half of event will be open play followed by a single game elimination tournament. Come out and see what all the excitement is about!

Age: 16 and up

CR Fee: \$8 NCR Fee: \$13

WALLTOWN PARK RECREATION CENTER

8597 Feb 22 Th 6:30pm-8:30pm

Indoor Soccer

Ignore the weather outside and join us in the gym to play the world's favorite game, soccer.

Age: 6-17

CR Fee: \$0 NCR Fee: \$23

HOLTON CAREER AND RESOURCE CENTER

8575 Jan 22-Feb 26 M 6pm-8pm

8576 Mar 5-Apr 9 M 6pm-8pm

8577 Apr 16-May 21 M 6pm-8pm





ATHLETICS continued

Jr. Team Tennis Spring

Junior Team Tennis is a co-ed league for beginner, intermediate, and advanced tennis players. The format is boy's and girl's singles, doubles, and mixed doubles. In order to participate you must have a valid USTA membership.

Age: 8-18

Leagues Offered:

8U, 10U, 12U, 14U, and 18U.

Registration Dates:

February 1 - March 11, 2018

Registration: <http://teamtennis.usta.com>

Fees: \$16 (DPR League Fee \$12; Tennis Link Fee \$4), plus \$20 USTA Membership Fee (required)

SOUTHERN BOUNDARIES PARK

7996 Apr 6-Jun 10 S,F 1pm-3:30pm

Kiddie Kickers Soccer

Participants will learn the basics of soccer dribbling, passing, receiving and shooting. They will learn more about teamwork and playing as part of a group. Our instructors will keep the atmosphere fun and non-competitive, making sure that all participants feel good about their abilities.

Age: 3-5

CR Fee: \$9 NCR Fee: \$14

WALLTOWN PARK RECREATION CENTER

8264 Jan 24-Mar 7 W 10am-11am

Little Tykes Soccer

The objective of this program is to introduce young children to sports in a non-competitive environment. Through various games and drills participants will refine their motor skills and incorporate physical activity into their day. This program requires participation from the parent/guardian each night.

CR Fee: \$9 NCR Fee: \$14

C.M. HERNDON PARK

May 1-May 17 T,Th 6:15pm-7:30pm

7998 Age 3

7999 Age 4

8000 Age 5

PBIRDS

In the P.B.I.R.D.S. program, boys and girls will learn the basic fundamentals of basketball, including passing, ball-handling, intangibles, rebounding, defense, and shooting. Participants will gain new skills and improve their game in a fun and friendly environment.

Age: 5-9

CR Fee: \$9 NCR Fee: \$14

WALLTOWN PARK RECREATION CENTER

8270 Mar 17-Apr 14 Sa 10am-11:30am

Pickleball Tournament

Join the fun of Walltown's bi-annual pickleball tournament! The tournament will be a round robin mixed doubles competition. Teams will be assigned in the order of their registration. Each team will play one game to 11 points (win by 1) against each of the other 5 teams in their pool during the preliminary match. The top four teams will then play in a final round robin match to determine the top 3 places. T-shirts and light refreshments will be provided to all participants. Enjoy a day of friendly competition in our beautiful gymnasium.

Age: 16 and up

CR Fee: \$5 NCR Fee: \$10

WALLTOWN PARK RECREATION CENTER

8585 Apr 7 Sa 2pm-6pm

Tennis Carnival

This event is designed to introduce people of all ages to the tennis programs offered by Durham Parks and Recreation. Participants will be able to take part in a variety of tennis drills from hitting and serving stations to winning a prize on our prize court while showcasing your hitting accuracy.

Age: 5 and up

No Cost

ROCK QUARRY PARK

7983 Mar 10 Sa 10am-12pm

SOUTHERN BOUNDARIES PARK

7986 May 5 Sa 10am-12pm

Youth Basketball Fundamentals

These classes are designed to provide a positive outlet where youth learn teamwork and various athletic skills. We offer a structured environment where participants can focus on learning the game, being active and developing a positive attitude and habits.

Age: 8-12

CR Fee: \$9 NCR Fee: \$14

I.R. HOLMES, SR. RECREATION CENTER

8326 Jan 24-Feb 28 W 6pm-7pm





ATHLETICS continued

Youth Basketball Skills Academy

This class is designed to provide a positive outlet where youth learn teamwork and various athletic skills. We offer a structured environment where participants can focus on learning the game, being active and developing a positive attitude and habits.

CR Fee: \$6 NCR Fee: \$11

WALLTOWN PARK RECREATION CENTER

AGE: 5-8

8256 Mar 5-Mar 26 M 6pm-6:45pm

Age: 9-12

8275 Mar 5-Mar 26 M 7pm-7:45pm

Youth Flag Football Skills and Drills

Step onto the gridiron and learn what it takes to play football! These Saturday skills and drills sessions will teach children the basics of throwing, catching, agility, and technique. Learn the basics of the most popular sport in the United States!

CR Fee: \$13 NCR Fee: \$18

C.M. HERNDON PARK

Mar 10-Apr 21 Sa 9am-10:15am

7980 Age: 5-6

7978 Age: 7-8

7979 AGE: 9-10

Youth Golf Academy

Come learn the basic fundamentals of the game of golf. Golf is a game you can play your entire life! Learn values like integrity, honesty, and respect with one of America's favorite leisure activities.

Age: 7-12

CR Fee: \$9 NCR Fee: \$14

WALLTOWN PARK

8233 Apr 5-May 10 Th 5:30pm-6:30pm

ADULT SPORT LEAGUES

Beginner Tennis Lessons Adults

Participants will learn the basics of tennis. The class will review basic strokes, tennis strategy, and learn how to score a match. Participants should bring a tennis racquet, water and wear tennis shoes and comfortable clothing.

Age: 18 and up

CR Fee: \$16 NCR Fee: \$21

FOREST HILLS PARK

7974 Mar 6-Mar 15 T,Th 6:30pm-7:30pm

DPR Tri-Level Tennis 2018

DPR/USTA league tennis provides a recreational tennis program for all players, regardless of skill. To participate you must be at least 18 years old and have a current USTA membership.

Age: 18 and up

Registration Dates: April 1 - May 1, 2018

Register at <http://national.usta.com>

All fees are paid through the USTA TennisLink website at the time of registration.

Leagues Offered: 18+

Total Fee: \$21 (TennisLink Fee \$3; DPR Local League Fee \$12; NCTA Fee \$6)

ELMIRA AVENUE PARK

7994 Jun 2-Jul 30 S-M,Th,Sa 9am-8pm

Adult Women's 30+ Soccer

The women's 30+ league plays on Wednesday nights and some Mondays as well. There are two matches each night, 6:45pm and 8:15pm. This league utilizes two officials.

Registration Dates: March 3-6, 2018.

Age: 30 and up

Fee: \$535 per team with a \$12 additional fee per non-city resident.

PINEY WOOD PARK/ OLD CHAPEL HILL

7988 Mar 7-May 23 M,W 6pm-10pm

Adult Women's Open Soccer

Women's Open League plays matches on Tuesday-Thursday. There are two matches each night, 6:45pm and 8:15pm. This league utilizes three officials.

Registration Dates: March 3-6, 2018.

Age: 17 and up

Fee: \$795 per team with a \$12 fee per non-city resident.

PINEY WOOD PARK/ OLD CHAPEL HILL

7987 Mar 8-May 17 T,Th 6pm-10pm

Co-Ed Adult Volleyball Spring

Teams play two matches per night, each match consisting of three games. There are no officials used for this league. Games are played six on six with a maximum of twelve players per team. Teams will compete in an end of the season tournament.

Age: 17 and up

CR Fee: \$80 per team with a \$12 fee per non-city resident.

WALLTOWN PARK RECREATION CENTER

7990 Mar 1-May 24 T,Th 6:30pm-9:30pm





ATHLETICS continued

DPR Eno River Mixed Doubles Tennis League 2018

In this league, teams are comprised of up to 15 players playing 3 doubles matches where the doubles teams combined NTRP rating does not exceed the level that they are entering. To participate, you must be at least 18 years of age and have a current USTA membership. The levels of play are 5.0, 6.0, 7.0, 8.0, 9.0, and 10.0. The season runs from June-August and teams play one to two matches per week. Registration Dates: April 1 - May 1, 2018 Register at <http://national.usta.com> All fees are paid through the USTA TennisLink website at the time of registration.

Fees and Age Groups:

Age: 18+ and 40+

Total fee: \$14 (Tennislink Fee \$3; DPR Local League Fee \$5; NCTA Fee \$6)

Age: 55+

Total fee: \$12 (Tennislink Fee \$3; DPR Local League Fee \$3; NCTA Fee \$6)

Age: 65+

Total fee: \$9 (Tennislink Fee \$3; NCTA Fee \$6).

GARRETT ROAD PARK

7991 Jun 4-Jul 31 M-Th 6pm-9pm

DPR Eno River Singles Tennis League 2018

The DPR/USTA Singles League is comprised of teams of 4-9 players that compete on three singles courts each match. To play you must be at least 18 years of age and have a valid USTA membership. Teams will play one to two matches per week. The season runs from June to August.

Registration Dates: April 1 - May 1, 2018

Register at <http://national.usta.com>

All fees are paid through the USTA TennisLink website at the time of registration.

Age: 18+ and 40+

Total fee: \$12 (Tennislink Fee \$3; DPR Local League Fee \$3; NCTA Fee \$6)

Age: 55+

Total fee: \$12 (Tennislink Fee \$3; DPR Local League Fee \$3; NCTA Fee \$6)

Age: 65+

Total fee: \$9 (Tennislink Fee \$3; NCTA Fee \$6)

WHIPPOORWILL PARK

7993 Jun 4-Jul 31 M-Th 6pm-9pm

DPR Eno River Spring 18+ Tennis League 2018

DPR/USTA league tennis provides a recreational tennis program for all players, regardless of skill. To participate you must be at least 18 years old and have a current USTA membership. The season runs March through June and teams will play one to two matches per week.

Registration Dates:

January 1 - January 31, 2018

Register at <http://national.usta.com>

All fees are paid through the USTA TennisLink Website at the time of registration.

Age: 18+ and 40+

Total fee: \$21 (Tennislink Fee \$3; DPR Local League Fee \$12; NCTA Fee \$6)

Age: 55+

Total fee: \$13 (Tennislink Fee \$3; DPR Local League Fee \$4; NCTA Fee \$6)

Age: 65+

Total fee: \$9 (Tennislink Fee \$3; NCTA Fee \$6).

GARRETT ROAD PARK

8021 Feb 26-May 31 M-Th 8:30am-12:30pm

Spring Adult Softball

Swing batter, batter swing! The adult softball league plays March - June.

Registration Dates: February 1-23, 2018

Age: 17 and up

Registration Fees: \$475 per team with a \$12 fee per non-city resident.

Spring Adult Softball Co-Rec 2

7954 Mar 12-Jun 27 M,W 6pm-10:30pm

SPRING ADULT SOFTBALL CO-REC 3

7955 Mar 12-Jun 28 M,W 6pm-10:30pm

SPRING ADULT SOFTBALL MEN'S 2

7956 Mar 12-Jun 28 T,Th 6pm-10:30pm

SPRING ADULT SOFTBALL MEN'S 3

7957 Mar 13-Jun 28 T,Th 6pm-10:30pm

Sunday Co-Rec Softball

Swing batter, batter swing! The adult softball league plays April - June.

Registration Dates:

February 26 - March 17, 2018

Age: 17 and up

Registration Fees: \$365 per team with a \$12 fee per non-city resident.

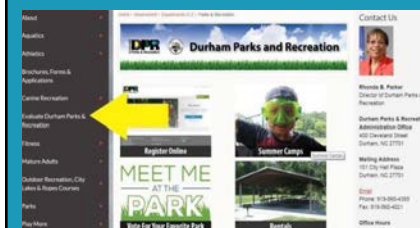
SOUTHERN BOUNDARIES PARK

7958 Apr 8-Jun 24 S 12pm-6pm

Tell us how we're doing!

Visit to our website
dprplaymore.org
to complete an online
evaluation.

Click on *Evaluate Durham Parks and Recreation*.



PHOTOS WANTED!

Do you have photos you've taken at DPR recreation centers, parks, or events? Submit them to us and you may see them printed in Play More! High quality images can be emailed to dprinfo@durhamnc.gov.



CANINE RECREATION

Canine Recreation programs will strengthen the bond between people and their canine companions by providing opportunities for them to spend time together, enjoy the outdoors, and attend social events.

Dog Park Registration

All dogs **MUST** be registered with DPR annually. To ensure that we provide a healthy environment for all participants, we have adopted the vaccination requirements recommended by the American Animal Hospital Association. All dogs are required to have the following vaccinations before being issued a Dog Park tag: rabies, distemper/parvo, bordetella, and a negative fecal exam. We also accept titer results in lieu of vaccinations except for rabies (state law). Vaccinations must be current, and not due to expire within 30 days.

When these requirements are met, a DPR dog park tag is assigned. All dogs must wear their current dog park tag while playing in the park.

Online registration is available at dprplaymore.org using course #8778.

After registering, vaccination records & liability waiver must be emailed to durhamdogpark@durhamnc.gov. See website for complete instructions, or call 919-560-4355 for more information.

Registration can also be done in person at 400 Cleveland Street, or by mail to:
Durham Parks and Recreation
Attn: Dog Parks
101 City Hall Plaza
Durham, NC 27701

Fees

2018 Dog Park tags are valid for one year (January 1 – December 31).
Fees are not prorated throughout the year.

CR Fee: \$17/first dog	\$15/each additional dog(s)
NCR Fee: \$22/first dog	\$20/each additional dog(s)

Dog-Gone Egg Hunt

Don't let your canine companion miss out on this spring tradition! Bring your dog to West Point on the Eno, where they will experience an egg hunt: Canine style!

No Cost

WEST POINT ON THE ENO

8219 Mar 24 Sa 1pm-2pm

Canine Field Day

Enjoy a day in the park with your furry friend! Join us for the Canine Field Day, where you and your dog will have an opportunity to watch and participate in activities and competitions. The event will feature a disc dog competition, triebball competition, demonstrations, an agility zone, and fun games and contests for all skill levels. There will be something for everyone and every dog!

No Cost

ROCK QUARRY PARK

8221 May 5 Sa 10am-11:30am

REGISTER FOR YOUR DOG PARK TAGS ONLINE!

Online registration is available at dprplaymore.org using course #8778.

DOG PARKS

Durham Parks and Recreation has three dog parks, which offer a safe and controlled environment for dogs and their owners. The dog parks provide access to open space for off-leash play and socialization.

NORTHGATE DOG PARK

400 W. Lavender Ave.
(Located on the north side of Northgate Park)

Features two enclosed areas:

- Small Dog Area: 15 inches or smaller & 30 lbs or under
- Large Dog Area: 15 inches & taller & 30 lbs or over

Amenities include waste bag dispensers, water fountains, and benches.

PINEY WOOD DOG PARK

400 E. Woodcroft Parkway

Features four separate enclosed areas:

- Small Dog Area: 15 inches or smaller & 30 lbs or under
- Large Dog Area: 15 inches & taller & 30 lbs or over
- Program Area: special playgroups/organized activity
- Entrance Area: smaller version of program area

Amenities include waste bag dispensers, water fountains, and benches.

DOWNTOWN DURHAM DOG PARK

304 Elliott Street
(Located on the corner of Roxboro and Elliott Streets)

Features two enclosed areas:

- Small Dog Area: 15 inches or smaller & 30 lbs or under
- Large Dog Area: 15 inches & taller & 30 lbs or over

Amenities include waste bag dispensers and benches.



CULTURAL HERITAGE

Program participants engage with local and regional culture heritage through active and passive interpretation, hands-on learning opportunities, programs, and classes to gain an understanding of how the natural and cultural history of the area has shaped our past, present, and future.

ALL AGES

Egg Hunt

Egg hunters wanted! Children will be divided into groups according to age for the egg hunt. All age groups will start at 10 a.m., games and crafts to follow. Find the golden egg to win an extra prize! Free, no registration required.

No Cost

WEST POINT ON THE ENO

8189 Mar 24 Sa 10am-12pm

Opening Weekend at West Point

You've eaten all of your West Point-milled grits, cornmeal, and wheat, and have been waiting for this day all winter. Join us for opening-weekend activities at West Point. We will be grinding in the gristmill all afternoon, have hands-on activities, and a park tour at 2 p.m. No need to register - just come on out, rain or shine!

No Cost

WEST POINT ON THE ENO

8190 Apr 7 Sa 1pm-5pm

Drop a Line: Cane Pole and Linen Line Fishing

They say baseball is America's pastime, but what about fishing? Americans have been fishing for as long as anyone can remember, but they were using cane poles, linen lines, and eyeless hooks. Try your hand at fishing, 19th century style! Come alone or bring the whole gang, and we'll set you up with the all the gear you'll need to fish. We will host short hands-on workshops near the West Point dam so you will know how to prepare your tackle. Participants under the age of 14 must be accompanied by a registered adult.

Age: 5 and up

CR Fee: \$3 NCR Fee: \$8

WEST POINT ON THE ENO

8204 May 19 Sa 1pm-5pm

ADULT

Beekeeping 101

Are you interested in starting a honeybee hive? Well, now is the time to start thinking about what you'll need. In this class, we will cover the basics of beekeeping, the inner workings of a colony, and how to prepare for your first hive, if you decide to go that route. Even if you aren't interested in starting a hive, you'll enjoy learning about this fascinating and critical insect. Pre-registration is required.

Age: 15 and up

CR Fee: \$6 NCR Fee: \$11

WEST POINT ON THE ENO

8169 Feb 24 Sa 10am-12pm

History Hike: The Ground Beneath Your Feet

Throw on your hiking shoes, we're talking about geology on a hike to Sennett's Hole and back. Along the way, you'll learn about the soil and rocks that have shaped West Point on the Eno and its history. This hike will be about 2 miles long and will cross the Warren Creek, so you may want to bring or wear water shoes. Friendly dogs welcome. We will meet at the West Point Mill.

Age: 10 and up

No Cost

WEST POINT ON THE ENO

8170 Apr 7 Sa 10am-12pm

Pinhole Camera Workshop

Do you remember making a shoebox camera in elementary school? Well, let's do it again. Or maybe this will be your first homemade camera. Either way, in this camera-building, photo-taking, and print-developing workshop, we will be celebrating Worldwide Pinhole Photography Day. We will provide all of the needed supplies, including paper and a darkroom. Participants under the age of 13 must be accompanied by a registered adult.

Age: 10 and up

CR Fee: \$6 NCR Fee: \$11

WEST POINT ON THE ENO

8203 Apr 29 Su 1pm-5pm

History Hike: Surveying West Point

We are going off trail on this history hike to talk about how colonial surveyors would have surveyed the land, and how it is done today. This hike will be about 2 miles long. No dogs on this hike. We will meet at the West Point Mill.

Age: 12 and up

No Cost

WEST POINT ON THE ENO

8171 May 5 Sa 10am-12pm

YOUTH

A Kid's Life: Flying High with Kites

Did you know April is National Kite Month? Join us as we learn about the science and history of kites, and then make one of your own. Drop-in program, no registration required. Adults must stay with their children, and are encouraged to participate.

Age: 5-17

CR Fee: \$0 NCR Fee: \$5

LEIGH FARM PARK

8180 Apr 14 Sa 10am-12pm

A Kid's Life: The World's First Camera

We will be learning about optical illusions, the early history of photography, and a camera you can make at home. You will even get to make your own camera obscura to take home. Drop-in program, no registration required. Adults must stay with their children, and are encouraged to participate.

Age: 5-17

CR Fee: \$0 NCR Fee: \$5

WEST POINT ON THE ENO

8185 May 12 Sa 10am-12pm

PRESCHOOL

Time Travelers' Trunk

Pack your traveling trunk! We're going back in time to explore the history that surrounds us. On the third Thursdays, bring your preschooler for an hour of history-themed reading, activities, and crafts. Come along and see what pops out of our Time Traveler's Trunk! Children must be accompanied by an adult.

Age: 2-5

CR Fee: \$1.50 NCR Fee: \$6.50

WEST POINT ON THE ENO

8201 Apr 19 Th 10am-11am

8202 May 17 Th 10am-11am

VOLUNTEER SERVICE

Garden Workday

Did you know all of the produce grown in the Garden at West Point is donated to area food pantries? Help us prepare our beds and plant the spring and summer crops. No need to register - just come on out. Call 919-471-1623 if you have questions. Please wear closed toe shoes (no flip flops or Crocs) and clothing that can get dirty.

No Cost

WEST POINT ON THE ENO

8191 Apr 21 Sa 10am-1pm

Trail Workday

The approximately five miles of trails at West Point on the Eno need your help. Help us address erosion issues, improve creek crossings, or pick up trash along the trails. No need to register - just come on out. Call 919-471-1623 if you have questions. Please wear closed-toe shoes (no flip flops or Crocs) and clothing that can get dirty.

No Cost

WEST POINT ON THE ENO

8192 Apr 28 Sa 9am-2pm

HERITAGE PARKS

West Point on the Eno Park and Leigh Farm Park make up the City of Durham's Heritage parks. These significant natural and historic parks provide opportunities for picnicking, fishing, hiking, outdoor nature study, and cultural history programming.

WEST POINT ON THE ENO

5101 N. Roxboro Rd.
Durham, NC 27704
919-471-1623

This 388-acre natural and historic park is located along a two-mile stretch of the scenic Eno River, six miles north of downtown Durham. Take a step back in time to Durham's early beginnings by touring the working Grist Mill, the 1850's McCown-Mangum House, and the Hugh Mangum Museum of Photography. The historic buildings at West Point are open every Saturday and Sunday from 1 p.m.-5 p.m., April 4 through December 13. Admission is free. Weekday tours of the buildings can be arranged in advance by calling 919-471-1623.

You can also enjoy a leisurely picnic and stroll around the grounds or take a hike through the woods on one of the park trails. Feel free to bring your canoe or raft and experience the beauty of the Eno River. The park gates are open daily, year-round, from 8 a.m. to dark.

AMPHITHEATER AT WEST POINT

This secluded area nestled in the woods is the perfect setting for company picnics, festivals, concerts, performances, and other large group gatherings. The facility can accommodate up to 4,000 people and includes a large open field, lawn seating, stage, electricity, water, and ample parking. Call 919-471-1623 to arrange a visit, or for rental and reservation information.



Hugh Mangum Museum of Photography

LEIGH FARM PARK

370 Leigh Farm Rd.
Durham, NC 27707
919-471-1623

This 82.8-acre property located at 370 Leigh Farm Road is anchored by a seven-acre historic core listed in the National Register of Historic Places in 1975. The park includes the Leigh House (circa 1835), an early 19th century dairy, a mid-19th century enslaved peoples cabin with notable stick-built chimney, smokehouse, corn crib and a late 19th century well house and carriage house. The property also features a second mid-19th century slave cabin with a 1930 Rustic Revival log addition, an early 20th century tobacco barn and pack house, several mid-20th century residences, and wooded acreage that was historically open agricultural land.



Interior of Enslaved Peoples Cabin at Leigh Farm Park



Leigh Family House at Leigh Farm Park



EDUCATION AND ENRICHMENT

Provide learning opportunities which foster the growth and skill development of individuals and/or groups

Builders Academy

In this class, young minds will be encouraged to use problem-solving and creativity to accomplish tasks given each week. Projects will be S.T.E.M. based, and participants will be able to take their new creations home to show off their skills to family and friends.

Age: 5-12

CR Fee: \$9 NCR Fee: \$14

WALLTOWN PARK RECREATION CENTER
8268 Feb 7-Mar 21 W 5:30pm-6:30pm

Built it with Balsa

Build unique structures using only balsa wood and glue. Participants will use this unique wood to construct structures and vehicles that can withstand a substantial amount of weight and abuse.

Age: 8-12

CR Fee: \$9 NCR Fee: \$14

I.R. HOLMES, SR. RECREATION CENTER
8347 Mar 19-Apr 30 M 6pm-7pm

Coding for Kids

Do you like playing computer games? Are you interested in learning how to create them? This introductory course to coding is a great way to start learning about computer programming. You will learn how to code some of the popular computer games you and your friends play at home!

Age: 7-12

CR Fee: \$9 NCR Fee: \$14

WALLTOWN PARK RECREATION CENTER
8267 Apr 4-May 9 W 6:30pm-7:30pm

Etiquette for YOUTH

Yes, manners matter! This is a comprehensive program which teaches all elements of everyday etiquette for youth. Through a variety of activities, participants will build self-confidence and develop leadership skills for use in social situations. These include: shaking hands with adults, inviting a friend to the movies, online communication, face-to-face conversation, displaying proper table manners, and much more. Participation in this course is an investment in personal success!

Age: 8-11

CR Fee: \$9 NCR Fee: \$14

I.R. HOLMES, SR. RECREATION CENTER
8333 Feb 6-Mar 13 T 6pm-7pm

Future Designers

This course is for imaginative young people who are interested in designing their own original fashions. Students will learn how to take fashion ideas and make them a reality.

Participants will also create hair bows and other fashionable accessories. Creativity will be the driving force behind this exciting design class!

Age: 10-12

CR Fee: \$9 NCR Fee: \$14

I.R. HOLMES, SR. RECREATION CENTER
8359 Mar 26-May 7 M 6:30pm-7:30pm

G.E.M.S.

This youth program is designed to assist pre-teen females in their transition into teenage life. Participants will benefit from a diverse range of programs including outdoor adventure, gang prevention, health & wellness, guest speakers, round table discussions, field trips, and much more.

No Cost

WEAVER STREET RECREATION CENTER

Age: 6-9

8279 Jan 3-May 30 W 6:30pm-8pm

Age: 10-12

8280 Jan 4-May 31 Th 6:30pm-8pm

Healthy Cooking

Looking for a change in your eating habits, but not sure what will fit best for your lifestyle? Then join us as we explore several modern food trends to find out what will work for you! This hands-on class will also help you sharpen your skills in the kitchen, while giving you a chance to socialize with other "foodies!"

Age: 16 and up

CR Fee: \$24 NCR Fee: \$29

WALLTOWN PARK RECREATION CENTER
8274 Apr 3-Apr 24 T 6pm-7:30pm

Kid Kitchen

Love to cook? Want to be a chef? Join this fun cooking class for youth. You will learn cooking basics. Each class you will learn how to prepare snacks and small meals and have fun doing it.

CR Fee: \$9 NCR Fee: \$14

WALLTOWN PARK RECREATION CENTER

Age: 3-5

8240 Feb 1-Mar 8 Th 10am-11am

Age: 6-12

8241 Mar 29-May 3 Th 6pm-7pm

Kinder Gym & Swim

Come play with your toddler in the gym and in the pool. Socialize with other toddlers and make new friends. Play a game of tag or let your imagination run wild in an awesome game of Wild, Wild West. When gym time is over, we will head on over to the pool for swim safety lessons and aquatic skills. This is a supportive and fun learning environment for

preschoolers.

Age: 2-4

CR Fee: \$7.50 NCR Fee: \$12.50

CAMPUS HILLS POOL

8356 Feb 1-Feb 22 Th 10am-11:15am

Living Healthy with Chronic Conditions

This workshop will educate adults on how to live with and effectively manage chronic health conditions.

Age: 18 and up

CR Fee: \$1 NCR Fee: \$6

CFLRC AT LYON PARK

8737 Jan 22-Feb 26 M 10am-12pm

Open Computer Lab

Come in and take advantage of our computer lab. Access to the Internet and Microsoft Office products will be available.

No Cost

W.D. HILL RECREATION CENTER

Age: 18-54

8331 Jan 2-May 31 T,Th,Sa 10am-11am

HOLTON CAREER AND RESOURCE CENTER

Age: 13 and up

8235 Jan 6-Jun 1 M,W,F-Sa 10am-2pm

Photography 101

Photography is a beautiful art form. You will learn lighting techniques, camera, and mechanics, digital vs. film, editing, and more.

Age: 8-12

CR Fee: \$9 NCR Fee: \$14

I.R. HOLMES, SR. RECREATION CENTER

8345 Jan 11-Feb 15 Th 6pm-7pm

8346 Mar 22-May 3 Th 6pm-7pm

Science Works!

Let's explore the wonders of science. Participants will test and experiment with various scientific projects and applications.

Age: 10-12

CR Fee: \$9 NCR Fee: \$14

I.R. HOLMES, SR. RECREATION CENTER

8354 Jan 18-Feb 22 Th 6pm-7pm

Youth Resource Center

Resource Center provides a place for youth to work uninterrupted on job or school-related projects--anything from homework assignments to resume writing.

Age: 5-12

No Cost

WEAVER STREET RECREATION CENTER

8290 Jan 2-May 31 M-Th 6pm-7:30pm



FITNESS

Programs provide recreational activities and information that encourages mental, emotional, physical and social health.

DROP-IN FITNESS

Fees for drop-in programs are per day:

Age	CR	NCR
0-18	\$0	\$5
19-54	\$4	\$9
55+	\$3	\$8

Multi-use and monthly wellness passes are available. Classes held at Holton Career and Resource Center are free.

20 20 20 Cardio

Have fun as you engage in full body circuit style exercise routines that range from low to high intensity, interspersed with rest periods. You will have exercise periods of 20 minutes with resistance bands, 20 minutes with light dumbbells and 20 minutes utilizing your own weight. The goal of the class is to improve your cardiovascular stamina, flexibility and core strength.

Age: 18 and up

W.D. HILL RECREATION CENTER

8355 Jan 22-May 21 M 7:15pm-8:15pm

African Cardio Blast

African Cardio Blast offers a unique workout that includes dance movements from various regions of the African continent. A drummer accompanies the workout. There are benefits to be gained for persons of all fitness levels.

Age: 18 and up

W.D. HILL RECREATION CENTER

8325 Jan 6-May 26 Sa 11am-12pm

Healthy Habits through African Movement

Developed by the team at the African American Dance Ensemble, Inc., African Movement with High Impact strives to enhance your mind, body, and spirit. The class implements a 5-Star regiment which addresses (1) Weight loss concerns, (2) blood pressure and glucose levels, (3) healthy eating habits, (4) stamina building and (5) positive mind sets. Weigh-ins and blood pressure screenings follow workouts. Local health professionals are invited to lead discussions.

Age: 18 and up

W.D. HILL RECREATION CENTER

8350 Jan 3-May 30 W 6:15pm-7:15pm



Visit durhamnc.gov/2814/Fitness-Class-Schedule for the schedule and class descriptions.

DPR offers drop-in fitness classes available at our recreation centers. Some of the regular classes offered are:

African Cardio Blast
Cardio Sculpt
Line Dancing
Kickboxing
Spinning
Yoga
Zumba

Boot Camp

A group physical training program designed to build strength and fitness through a variety of workouts mixing traditional calisthenics and body weight exercises with interval and strength training.

Age: 18 and up

EDISON JOHNSON RECREATION CENTER

8393 Jan 17-May 30 W 5:30pm-6:30pm

CABA (Cardio, Arms, Buns, Abs)

This circuit class focuses on increasing cardiovascular strength, abdominals, glutes, triceps, biceps, and shoulders. A variety of equipment will be used. Join us and tone these key parts of your body for a better look and fit.

Age: 18 and up

I.R. HOLMES, SR. RECREATION CENTER

8282 Jan 16-May 29 T 6:15pm-7:15pm

CardioSculpt

Are you ready to sculpt and tone your body? Come out to Cardio Sculpt and get a workout in this cardio fitness class that will work your core, burn fat, and tone muscles. A variety of equipment will be used. All levels are welcome!

Age: 16 and up

WALLTOWN PARK RECREATION CENTER

8314 Jan 3-May 30 W 6:30pm-7:30pm

Complete Core

This 60-minute workout is designed to train and strengthen the core muscles in the pelvis, lower back, hips, and abdomen to improve midsection strength, balance, and coordination. The class will finish with stretching to promote increased flexibility. The class will use equipment such as mats, stability balls, and resistance bands.

Age: 16 and up

WALLTOWN PARK RECREATION CENTER

8600 Jan 8-May 21 M 6:30pm-7:30pm

Daytime Yoga

Join the masses who have discovered the wonders of yoga! This popular form of exercise offers both physical and mental benefits. Please bring a yoga mat to class. Multi-use and monthly wellness passes available.

Age: 18 and up

I.R. HOLMES, SR. RECREATION CENTER

8285 Jan 18-May 31 M,Th 12pm-1pm

Hip Hop Line Dance

Come listen to the latest music and learn the latest line dances. Dance your way into fitness!

Age: 18-54

CFLRC AT LYON PARK

8059 Jan 22-Apr 16 M 6:15pm-7:15pm



FITNESS

Hula Hoop Fitness

Hula hooping is a high energy workouts designed for all fitness levels. Hooping provides cardio conditioning and strength training using lightly weighted hoops designed specifically for exercising, transforming an old favorite into a great workout.

Age: 18 and up

EDISON JOHNSON RECREATION CENTER
8408 Jan 17-May 30 W 5:45pm-6:45pm

Pickleball

Pickleball is a racquet sport which combines elements of badminton, tennis and table tennis. No need to worry about the weather, this open recreation sport will have participants enjoying friendly game play in a climate controlled indoor setting. We will focus on the main components of the game of Pickleball and learn the strategy of the game.

Age: 16 and up

CFLRC AT LYON PARK

8106 Jan 22-May 21 M 10am-12pm

WALLTOWN PARK RECREATION CENTER

8586 Jan 2-May 31 T,Th 2pm-6pm
W 12:30pm-3pm
Sa 2pm-6pm

W.D. HILL RECREATION CENTER

8353 Jan 5-May 26 F 12pm-3pm
Sa 2pm-5pm

Pound Fitness

If you've dreamed of channeling your inner rock star into a fitness plan, it's time to POUND. POUND workout fuses cardio interval training with drumming to provide a challenging, heart-pumping workout.

Age: 18 and up

EDISON JOHNSON RECREATION CENTER

8392 Jan 10-May 30 W 6:15pm-7:15pm

Soulful Line Dance

Soulful Line Dance is a fun, exciting way to dance your way to fitness. Exercise your body and mind by dancing to lively upbeat music of the 1970's, 80's, and up to today's sounds. This class will combine low, moderate and high energy line dance routines that will help you burn calories. No previous dance experience is necessary.

Age: 18 and up

CR Fee: \$4 NCR Fee: \$9

W.D. HILL RECREATION CENTER

8349 Jan 22-May 21 M 6:15pm-7:15pm

Spinning

A spin class is a great way to mix up your routine and challenge your body in a different way. You'll burn a lot of calories and vibe out to motivating music during your workout. Come join us for a great ride and super fun in the comfortable indoors.

Age: 18 and up

EDISON JOHNSON RECREATION CENTER

8382 Jan 17-May 30 M,W 6:15pm-7:15pm

I.R. HOLMES, SR. RECREATION CENTER

8286 Jan 19-May 25 F 10am-11am

WALLTOWN PARK RECREATION CENTER

8276 Jan 17-Feb 7 W 11am-11:30am

Tai Chi Heavy Ball

This is an opportunity for adults to participate in a different and new style of Tai Chi with a weighted ball. Participants will learn the Tai Chi Heavy Ball form to promote a calm, focused mind and improve mind-body coordination. All skills are welcome.

Age: 16 and up

WALLTOWN PARK RECREATION CENTER

8315 Jan 3-May 30 W 11am-12pm

Yoga

Join the masses who have discovered the wonders of yoga! This popular form of exercise offers both physical and mental benefits. Please bring a yoga mat to class.

Age: 16 and up

WALLTOWN PARK RECREATION CENTER

8309 Jan 3-May 30 M,F 11am-12pm
W 12pm-1pm

Zumba

Zumba is a fusion of Latin and international music dance themes, which creates a dynamic, exciting, effective fitness system! Zumba combines high-energy and motivating music with unique moves and combinations that allow the Zumba participants to dance away their worries.

WALLTOWN PARK RECREATION CENTER

Age: 16 and up

8313 Jan 2-May 31 T,Th 6:15pm-7:15pm

W.D. HILL RECREATION CENTER

8329 Jan 2-May 29 T 6:15pm-7:15pm

EDISON JOHNSON RECREATION CENTER

8383 Jan 9-May 31 T,Th 6:15pm-7:15pm

HOLTON CAREER AND RESOURCE CENTER

Age: 13 and up

No Cost

8260 Jan 9-May 31 T 6pm-7pm

**mature adult fitness
PROGRAMS P. 32**





FITNESS

Zumba Toning

Zumba is a fusion of Latin and international music dance themes, which creates a dynamic, exciting, effective fitness system! Zumba combines high-energy and motivating music with unique moves and combinations that allow the Zumba participants to dance away their worries.

Age: 18 and up

I.R. HOLMES, SR. RECREATION CENTER
8284 Jan 18-May 31 Th 6:15am-7:15am

Zumba Xtreme

Come check out this upbeat, vibrant, multicultural experience that will leave you burning for more. This class will incorporate Latin music with a twist of hip-hop, reggae and Caribbean rhythms. The nonstop moves will have you sweating and pumped up, so let go and let the music take you away.

Age: 18 and up

I.R. HOLMES, SR. RECREATION CENTER
8283 Jan 22-May 21 M 6:15am-7:15am

Youth Open Gym Basketball

You got game? Bring it to open gym basketball! A facility attendant will be present to organize the games.

Age: 5-12

WALLTOWN PARK RECREATION CENTER
8596 Jan 7-May 27 S 4pm-6pm
WEAVER STREET RECREATION CENTER
8287 Jan 6-May 26 Sa 1pm-6pm
HOLTON CAREER AND RESOURCE CENTER
8249 Jan 20-May 26 Sa 10am-1pm
CFLRC AT LYON PARK
8108 Jan 6-May 26 Sa 12pm-2:30pm

Adult Open Gym Basketball

You got game? Bring it to open gym basketball! A facility attendant will be present to organize the games. Everyone must bring a valid photo ID in order to participate. A multi-visit pass is available for purchase on a Play More Card at a discounted rate per class.

Age: 18 and up

CFLRC AT LYON PARK
8261 Mar 12-May 21 M 6pm-8:30pm
WALLTOWN PARK RECREATION CENTER
8303 Jan 3-May 30 W 6pm-9pm
W.D. HILL RECREATION CENTER
8332 Jan 3-May 23 M,W 12pm-3pm
HOLTON CAREER AND RESOURCE CENTER
No Cost
8250 Jan 17-May 30 W 7pm-9pm

Glory Days

Ever played in a basketball league or wanted to play but didn't feel at your best? Ever reminisce about the glory days? Glory Days is a perfect opportunity to come out and rekindle some of those things you once did. We will practice basketball drills and exercises to knock off that rust and get you better the next time you step on the basketball court. Why wait for the basketball league to start to get in shape? Instead be better prepared before the season starts and enjoy those glory days.

Age: 16 and up

WALLTOWN PARK RECREATION CENTER
8592 Apr 4-Apr 25 W 5:30pm-6:30pm

Wallyball

The courts are available to rent in 1 hour blocks. Reservations are accepted up to seven calendar days in advance.

Age: 16 and up

CR FEE: \$8 NCR FEE: \$13

EDISON JOHNSON RECREATION CENTER
8388 Jan 2-May 31 M-F 9am-9pm
8391 Jan 6-May 27 S,Sa 1pm-6pm

Racquetball

The racquetball courts are available to rent in 1 hour blocks. Reservations are accepted up to seven calendar days in advance. A multi-visit pass is available for purchase on a Play More Card at a discounted rate per hour.

EDISON JOHNSON RECREATION CENTER

Age: 16 and up

CR FEE: \$8 NCR FEE: \$13

8387 Jan 22-Jun 2 M-F 9am-9pm
Sa 9am-6pm
S 1pm-9pm

I.R. HOLMES, SR. RECREATION CENTER

Age: 18 and up

8306 Jan 2-Jun 2 M-31 6am-9pm
F 6am-8pm
Sa 9am-6pm
S 1pm-6pm

Walking

On your mark, get set, GO! Walking is one of the most common forms of exercise. You walk every day, so why not come into our climate-controlled facility and enjoy a nice walk? Rain or shine, it doesn't matter how the weather is - if we're open, you can WALK. So grab a friend, tie your shoes, and get ready to walk away the pounds!

No Cost

EDISON JOHNSON RECREATION CENTER
8500 Jan 16-Jun 1 M,W,F 9am-12pm
WALLTOWN PARK RECREATION CENTER
8304 Jan 2-May 31 Daily 1pm-6pm
W.D. HILL RECREATION CENTER
8330 Jan 2-May 26 M-Sa 9am-3pm
HOLTON CAREER AND RESOURCE CENTER
8236 Jan 16-May 31 Daily 9am-5pm

SESSIONAL PROGRAMS

The following programs require pre-registration

YOUTH AND TEEN FITNESS

Kid-O-Cize

Up, down, turn around, time to move! Preschoolers will run, play and stretch to music and burn lots of energy. Come join the fun and Kid-O-Cize!

Age: 1-5

CR Fee: \$6.75 NCR Fee: \$11.75

WALLTOWN PARK RECREATION CENTER
8237 Jan 16-Feb 20 T 10am-10:45am

Aikido

This introductory course opens the door to increased flexibility and self-defense, focusing on ways to avoid and end conflict. You'll learn how to redirect your energy through stretching, breathing, rolling and basic techniques.

Age: 7-12

CR Fee: \$9 NCR Fee: \$14

WALLTOWN PARK RECREATION CENTER
8269 Apr 7-May 12 Sa 2pm-3pm

Hip Hop Dance

Come and break a sweat while bustin' a move in this hip-hop dance program. This program takes place every other Saturday.

Age: 7-13

CR Fee: \$18 NCR Fee: \$23

CFLRC AT LYON PARK
8509 Jan 13-Apr 21 Sa 12pm-1:30pm

**DID YOU KNOW YOU CAN
REGISTER ONLINE?**

Visit dprplaymore.org and click on
Register Online.



FITNESS

Intro to Boxing

This course will introduce your child to the world of boxing! Students will practice the foundational techniques of the sport, with an emphasis on self-defense. Be sure to bring your gloves with you!

Age: 7-14

CR Fee: \$9 NCR Fee: \$14

WALLTOWN PARK RECREATION CENTER
8271 Feb 6-Mar 13 T 6pm-7pm

SESSIONAL PROGRAMS

ADULT FITNESS

Kickboxing

This workout is designed to help you develop a strong mind and body connection. Learn proper technique for punches and kicks while ramping up your fitness level to increase cardiovascular endurance, muscular strength, core integration and flexibility.

Age: 18 and up

CR Fee: \$48 NCR Fee: \$63

CFLRC AT LYON PARK

8498 Jan 9-Mar 27 T 6pm-7pm

MARTIAL ARTS

Chinese Shotokan Karate - Beginner

This class will combine the basic blocks, kicks, and punches of traditional karate with the self-defense techniques of Chinese Shotokan Karate. Strength, focus, coordination, assertiveness and self-discipline are only a few benefits of the martial arts - they're also a great way to have fun! Once you've learned the basic techniques, you'll put them to work in drills, games, tournament-style sparring, and street defense scenarios. Please wear loose, comfortable clothing.

EDISON JOHNSON RECREATION CENTER

Age: 6-11

CR Fee: \$18 NCR Fee: \$23

8416 Jan 16-Feb 22 T,Th 6pm-7pm

8417 Mar 8-Apr 12 T,Th 6pm-7pm

8418 Apr 26-May 31 T,Th 6pm-7pm

Chinese Shotokan Karate - Intermediate

This class will combine blocks, kicks, and punches of traditional karate with the self-defense techniques of Chinese Shotokan Karate. Strength, focus, coordination, assertiveness and self-discipline are only a few benefits of the martial arts - they're also a great way to have fun! You'll put them to work in drills, games, tournament-style sparring, and street defense scenarios. Please wear loose, comfortable clothing.

Age: 13-17

CR Fee: \$24 NCR Fee: \$29

8413 Jan 16-Feb 22 T,Th 7:15pm-8:15pm

8414 Mar 8-Apr 12 T,Th 7:15pm-8:15pm

8415 Apr 26-May 31 T,Th 7:15pm-8:15pm

Korean Karate

Participants learn self-defense, stress management and physical fitness through controlled movements.

Age: 6 and up

CR Fee: \$0 NCR Fee: \$14

HOLTON CAREER AND RESOURCE CENTER

8479 Jan 18-Feb 22 Th 6pm-7pm

8480 Mar 8-Apr 12 Th 6pm-7pm

8481 Apr 26-May 31 Th 6pm-7pm

Martial Arts

Join us for a kickin' good time as kids learn martial arts and self defense. Children also benefit from anti-bullying and anti-abduction skills while building self-confidence, coordination and balance. They will enjoy lots of social interaction through fun games. This fun-filled, skill building program will focus on many aspects of self-defense for children.

WALLTOWN PARK RECREATION CENTER

Age: 5-12

CR Fee: \$9 NCR Fee: \$14

8254 Jan 27-Mar 3 Sa 10:45am-11:45am

8255 Apr 7-May 12 Sa 10:45am-11:45am

Tae Kwon Do - Beginners

The martial art of Tae Kwon Do teaches self-defense, physical fitness, self-control, clarity of thought, focus and confidence. The class offers a fun approach for all to engage in an activity that promotes their growth and development. Additional fees will apply for uniforms, testing, and belts.

Age: 4-9

CR Fee: \$6 NCR Fee: \$11

W.D. HILL RECREATION CENTER

8756 Jan 4-Feb 1 Th 6pm-7pm

8757 Feb 8-Mar 1 Th 6pm-7pm

8758 Mar 8-Mar 29 Th 6pm-7pm

8759 Apr 5-Apr 26 Th 6pm-7pm

Tae Kwon Do - Intermediate

The martial art of Tae Kwon Do teaches self-defense, physical fitness, self-control, clarity of thought, focus and confidence. The class offers a fun approach for intermediate level participants to engage in an activity that promotes their growth and development. Additional fees will apply for uniforms, testing, and belts.

Age: 4-9

CR Fee: \$10 NCR Fee: \$15

W.D. HILL RECREATION CENTER

8760 Jan 5-Feb 2 F 6:15pm-7:15pm

8761 Feb 9-Mar 2 F 6:15pm-7:15pm

8762 Mar 9-Apr 6 F 6:15pm-7:15pm

8763 Apr 13-May 4 F 6:15pm-7:15pm

8764 May 11-Jun 1 F 6:15pm-7:15pm

Tai Chi

We will learn the Tai Chi Yang Short Form to promote a calm, focused mind and improve mind-body coordination. See why this is also called meditation in motion. All skill levels welcome.

Age: 18 and up

CR Fee: \$24 NCR Fee: \$29

EDISON JOHNSON RECREATION CENTER

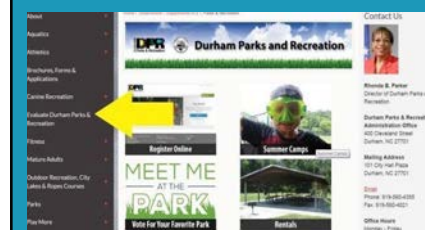
8412 Jan 17-Feb 21 W 7pm-8pm

8782 Apr 4-May 9 W 7pm-8pm

Tell us how we're doing!

Visit to our website
dprplaymore.org
to complete an online
evaluation.

Click on *Evaluate Durham
Parks and Recreation.*



WELLNESS CENTERS

EDISON JOHNSON RECREATION CENTER

Edison Johnson offers a variety of equipment including treadmills, recumbent and upright bikes, and elliptical trainers. Dumbbells and stability balls are also available. Fitness Room orientations are available by appointment only.

Jan 16-May 27	M-Th	9am-6pm
	Sa	9am-1pm
	Sa	3pm-6pm
	Su	1:30pm-2pm



HOLTON CAREER AND RESOURCE CENTER

The fitness center at Holton offers treadmills, recumbent bikes and elliptical machines for cardio workouts. Free weights and strength training equipment are available for workouts.

No Cost

Jan 16-May 31	M-F	10am-1pm
	M-F	5:30pm-8:30pm
	Sa	10am-3pm
	Su	1:30pm-6pm



WALLTOWN PARK RECREATION CENTER

Walltown offers variety of equipment in a small, private setting. Perfect for getting started with a new workout or maintaining your current program. Treadmills, recumbent bikes, jump ropes and upper body cycles are available for your cardio workout. Universal weight machines, medicine balls, and stability balls are available for your strength workouts.

Jan 2-May 31	M-Th	8:30am-9pm
	F	8:30am-10pm
	Sa	8:30am-6pm
	S	1pm-6pm



I.R. HOLMES, SR. RECREATION CENTER AT CAMPUS HILLS

Treadmills, recumbent bikes, jump ropes, and BOSU Balance Trainers are available for your cardio workout. Free weights, machines, medicine balls, & stability balls are available for your strength workouts.

Jan 3-May 30	M,W,F	6am-8:30am
	M-F	12pm-8pm
	Sa	9am-1pm



Just want to come for a day?

Daily Activity Pass

- General admission to indoor pools
- Drop-in exercise programs
- Open gym
- Use of exercise equipment at any DPR facility

Age: 12-18
CR: \$0, NCR: \$5
Age: 19-54
CR: \$4, NCR: \$9
Age: 55 and better
CR: \$3, NCR: \$8

DPR Wellness Package

Work out at any of our centers and take fitness classes for an affordable monthly price with DPR's wellness package.

DPR Wellness Package

- Unlimited land-based group fitness and mind/body classes
- Use of weights and fitness equipment
- Open gym programs
- Use of the gymnasium (when available)
- Can be used at any DPR recreation center

City Resident: \$20 per month
Non-City Resident: \$25 per month
A Play More Card is required to purchase a Wellness package.

DPR Wellness Pass is for ages 19 and up.

**Additional fees apply for the use of aquatics facilities and participation in some of the other classes, activities and team sports listed in Play More.*

+ add an Open Swim Package

Includes everything included in the DPR Wellness Package, PLUS recreational and lap swim in the indoor aquatic centers.

City Residents: \$40 per month
Non-City Residents: \$55 per month
A Play More Card is required to purchase a Wellness + Open Swim package.

CONNECT WITH US

Receive important news and information!



@DPRPlaymore



MATURE ADULT PROGRAMS

Provide recreational opportunities and trips for mature adults ages 55 or better that promote socialization, skill development and provide new experiences.

MATURE ADULT FITNESS

Arthritis Exercise:

Stretch & Move Again

Do you feel pain and stiffness? Are you listening to what your body is telling you? It is telling you to come join us in an arthritis exercise class to help loosen those joints and ease your pain. Learn many new techniques that will help keep you loose and limber. Wear comfortable, loose clothing and bring a bottle of water.

Age: 55 and up

No Cost

WALLTOWN PARK RECREATION CENTER

8697 Jan 17-Feb 19 M,W 10am-11am

8698 Feb 21-Mar 21 M,W 10am-11am

8696 May 7-May 30 M,W 10am-11am

Bands and Bells

This class offers strength and conditioning-based exercise to participants who want to tone, gain strength and muscle, as well as develop greater mobility and flexibility. Various pieces of equipment will be used in order to meet these goals including, but not limited to, dumbbells, kettle bells, and resistance bands. Medicine balls and body-weight movements will also be utilized.

Age: 55 and up

No Cost

WALLTOWN PARK RECREATION CENTER

8699 Jan 16-Apr 10 T 10:30am-11:15am

Chair Exercise

This group exercise program is designed to improve your overall health and fitness. All classes are taught to music. Participants should wear loosely fitted, athletic-type apparel.

Age: 55 and up

No Cost

HOLTON CAREER AND RESOURCE CENTER

8430 Jan 9-Jan 30 T,Th 10am-10:45am

8431 Feb 1-Feb 27 T,Th 10am-10:45am

8432 Mar 1-Mar 29 T,Th 10am-10:45am

8433 Apr 3-Apr 24 T,Th 10am-10:45am

8434 May 1-May 29 T,Th 10am-10:45am

W.D. HILL RECREATION CENTER

8334 Mar 6-May 22 T 10am-11am

WALLTOWN PARK RECREATION CENTER

8700 Jan 18-Mar 22 Th 10:30am-11:15am

Get Fit with Style

Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement, and mobility. This high-energy class incorporates dance moves and is geared for active mature adults. This is a drop-in exercise program, fees listed are per class.

Age: 55 and up

CR Fee: \$3 NCR Fee: \$8

I.R. HOLMES, SR. RECREATION CENTER

8288 Jan 16-May 31 T,Th 9am-10am

Gospel Movement

Do you enjoy gospel music? Do you enjoy moving your body? Come out and have some fun as we create physical movement inspired through gospel music. Wear comfortable, loose clothing and bring a bottle of water.

Age: 55 and up

CR Fee: \$9 NCR Fee: \$14

CFLRC AT LYON PARK

8461 Jan 4-Jan 25 Th 11am-11:45am

8462 Feb 1-Feb 22 Th 11am-11:45am

8463 Mar 1-Mar 29 Th 11am-11:45am

8464 Apr 5-Apr 26 Th 11am-11:45am

8465 May 3-May 31 Th 11am-11:45am

HOLTON CAREER AND RESOURCE CENTER

8685 Jan 8-Jan 29 M 10am-10:45am

8435 Feb 5-Feb 26 M 10am-10:45am

8436 Mar 5-Mar 26 M 10am-10:45am

8437 Apr 2-Apr 30 M 10am-10:45am

8438 May 7-May 21 M 10am-10:45am

Line Dancing

Line dance refers to a range of choreographed routines danced in a group without partners.

It's a great workout for the body and mind; participants will learn a limited number of basic level dances. No prior experience is required.

Age: 55 and up

CR Fee: \$3 NCR Fee: \$8

I.R. HOLMES, SR. RECREATION CENTER

8289 Jan 17-May 30 W 9am-10am

Mature Adult Fitness

This group exercise program is designed to improve your overall health and fitness. All classes are taught to music. Participants should wear loosely fitted, athletic-style apparel. This is a drop-in exercise program, fees listed are per class.

Age: 55 and up

CR Fee: \$3 NCR Fee: \$8

EDISON JOHNSON RECREATION CENTER

8379 Jan 22-May 30 M,W,F 9am-10am

Mature Adult Open Gym Basketball

You got game? Bring it to open gym basketball! A facility attendant will be present to organize the games.

Age: 55 and up

No Cost

HOLTON CAREER AND RESOURCE CENTER

8460 Jan 17-May 30 W 5:30pm-7pm

CR Fee: \$3 NCR Fee: \$8

W.D. HILL RECREATION CENTER

8327 Mar 12-May 21 M 6pm-9pm

Mature Men on Weights

Men, it's time to put down the remote and take control of your health! This program is designed to teach you the proper usage of exercise machines, free weights, resistance bands, balls, Bosu, and more. You will learn exercise principles and improve your physical fitness. You will also learn how to design a personal exercise program to meet your goals.

Age: 55 and up

CR Fee: \$12 NCR Fee: \$17

I.R. HOLMES, SR. RECREATION CENTER

8316 Jan 23-Mar 13 T 10am-11am

8317 Mar 20-May 8 T 10am-11am

WALLTOWN PARK RECREATION CENTER

8587 Mar 13-Apr 17 T 10am-11am

**DID YOU KNOW YOU CAN
REGISTER ONLINE?**

Visit dprplaymore.org and click on
Register Online.

Want to give input on the Mature Adult programming offered by DPR, and help spread the word about our activities?
Join the Mature Adult Council! Call 919-560-4296!



MATURE ADULT PROGRAMS continued

Mature Women on Weights

Ladies - don't shy away from free weights and strength training! This program is designed to teach you the proper use of exercise machines, free weights, resistance bands, balls, Bosu, etc. You will build endurance, improve muscle tone, and learn exercise principles. You will also design a personal exercise program to meet your fitness goals.

Age: 55 and up

CR Fee: \$12 NCR Fee: \$17

I.R. HOLMES, SR. RECREATION CENTER

8310 Jan 22-Mar 12 M 10am-11am

8312 Mar 19-May 7 M 10am-11am

Square Dancing

Ready for a fun, energetic morning, dancing with friends? This program offers basic square dancing and line dancing for mature adults. Bringing a partner is helpful, but not necessary. This a drop in class and fees are per day.

Age: 55 and up

CR Fee: \$3 NCR Fee: \$8

EDISON JOHNSON RECREATION CENTER

8410 Jan 9-May 29 T 9am-11am

Tai Chi

We will learn the Tai Chi Yang Short Form to promote a calm, focused mind and improve mind-body coordination. This a drop in class and fees are per day.

Age: 55 and up

CR Fee: \$3 NCR Fee: \$8

WALLTOWN PARK RECREATION CENTER

8681 Jan 22-May 21 M 11:15am-12pm

Walk with Ease

Walk with Ease is a fitness program that can reduce pain associated with arthritis and improve overall health. The program includes education sessions, warm-up and cool-down stretches. The benefits to you are: to motivate yourself to get in shape, walk safely and comfortably, improve your strength, flexibility, and stamina, and reduce pain and feel great. Course instructors are certified by the National Arthritis Foundation.

Age: 55 and up

No Cost

CFLRC AT LYON PARK

8646 Jan 22-Mar 5 M,W,F 11am-12pm

DURHAM SENIOR GAMES

Register between 2/5/18 and 3/2/18 and receive an early bird discount. Regular registration ends 3/23/18.

Age: 50 and up

CR Fee: \$13 NCR Fee: \$17

8647 Apr 16-May 3 M-Sa 8:30am-5pm

Senior Games Opening Ceremony

Participants age 50+ are encouraged to come out and celebrate the start of senior games and view the performing arts and cheerleader performances.

Age: 50 and up

No Cost

CFLRC AT LYON PARK

8648 Apr 16 M 5:30pm-7:30pm

Durham Senior Games Bowling

Participants age 50+ are encouraged to participate in singles, doubles, or mixed doubles bowling competitions. Your skill level is not important -- our goal is to have fun and fellowship!

Age: 50 and up

Fee: \$20

8651 Apr 27 F 9am-3pm

Durham Senior Games Golf

Participants age 50+ are encouraged to participate in an 18 hole competition style golf tournament.

Age: 50 and up

Fee: \$24

8650 Apr 30 M 8:30am-2:30pm

Senior Games Closing Ceremony

Participants age 50+ are recognized for participating in the SilverArts and Games. Awards for the performing arts and SilverArts entries will be given out. There will also be performances to celebrate the closing of senior games.

Age: 50 and up

No Cost

8649 May 3 Th 5:30pm-7:30pm

MATURE ADULT ACTIVITIES

Arts and Crafts

If you are interested in tapping into your creative side, we are offering various arts and crafts opportunities for mature adults, ages 55 and better. Instruction is provided; your only expense is the supplies. No experience necessary.

Age: 55 and up

No Cost

HOLTON CAREER AND RESOURCE CENTER

8444 Jan 9-Jan 30 T 11am-12:55pm

8445 Feb 6-Feb 27 T 11am-12:55pm

8446 Mar 6-Mar 27 T 11am-12:55pm

8447 Apr 3-Apr 24 T 11am-12:55pm

8448 May 1-May 29 T 11am-12:55pm

Bid Whiz

Experience a fun card game in a great atmosphere. Come out and learn how to play while meeting new friends.

Age: 55 and up

No Cost

WALLTOWN PARK RECREATION CENTER

8663 Jan 2-Jan 30 T 4:30pm-8:30pm

8704 Feb 6-Feb 27 T 4:30pm-8:30pm

8705 Mar 6-Mar 27 T 4:30pm-8:30pm

8706 Apr 3-Apr 24 T 4:30pm-8:30pm

8707 May 1-May 29 T 4:30pm-8:30pm





MATURE ADULT PROGRAMS continued

Bingo

Stop in and enjoy playing bingo with others who love the game.

Age: 55 and up

No Cost

HOLTON CAREER AND RESOURCE CENTER

8439	Jan 10-Jan 31	W	10am-12pm
8440	Feb 7-Feb 28	W	10am-12pm
8441	Mar 7-Mar 28	W	10am-12pm
8442	Apr 4-Apr 25	W	10am-12pm
8443	May 2-May 30	W	10am-12pm

Breakfast Brunch

Bring a breakfast dish! Enjoy breakfast food with friends and mingle with one another eating home-cooked breakfast dishes. Not only will you have a good time mingling and eating but also learning valuable aging and longevity news.

Age: 55 and up

No Cost

HOLTON CAREER AND RESOURCE CENTER

8459	May 25	F	9am-11am
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Bridge

Stop in and enjoy playing bridge with others who love the game.

Age: 55 and up

No Cost

EDISON JOHNSON RECREATION CENTER

8409	Jan 11-May 31	Th	12pm-3pm
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Farmers Market

Durham Parks and Recreation and the Interfaith Food Shuttle have partnered to provide FREE fruits and vegetables for mature adults at the Holton Farmers' Market. These fresh fruits and vegetables are donated by local vendors. Note: Amount of fruit and vegetables individuals receive is determined by the produce donated that day. Bringing your own bag is recommended, but not required. Takes place on the 1st and 3rd Thursdays of the month.

Age: 55 and up

No Cost

HOLTON CAREER AND RESOURCE CENTER

8424	Jan 4-Jan 18	Th	11:30am-12:30pm
8425	Feb 1-Feb 15	Th	11:30am-12:30pm
8426	Mar 1-Mar 15	Th	11:30am-12:30pm
8427	Apr 5-Apr 19	Th	11:30am-12:30pm
8428	May 3-May 17	Th	11:30am-12:30pm

MATURE ADULT TRIPS

Black Mountain Chocolate Factory

Calling all chocolate lovers - Learn the surprising source of chocolate, and watch yours being made at Black Mountain Chocolate's Visible Factory on Trade Street in downtown Winston-Salem. Chocolate will be made before your eyes, and you'll enjoy a wide variety of confections and pastries. You'll have an opportunity to shop at the General Store to see toys and household goods from yesteryear as well as current items and souvenirs. Lunch at Sweet Potatoes not included in the price.

Age: 55 and up

CR Fee: \$40 NCR Fee: \$55

8702	Feb 22	Th	9:30am-4:30pm
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Church Basement Ladies

Meet the pastor, three main kitchen cooks and one daughter who runs the kitchen and cares for the congregation by preparing and serving the food. You'll see four women handle a funeral, an Easter fundraiser, and a wedding. This musical comedy based on recipes, food, and change in the church is funny, heart-warming, and down to earth.

Age: 55 and up

CR Fee: \$34 NCR Fee: \$49

8701	Mar 8	Th	12:15pm-6pm
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The Color Purple

Don't miss this stunning re-imagining of an epic story about a young woman's journey to love and triumph in the American South. With a soul-raising score of jazz, gospel, ragtime and blues this musical sensation is a direct hit to the heart.

Age: 55 and up

CR Fee: \$43.90 NCR Fee: \$58.90

8735	Apr 4	W	6:30pm-11:30pm
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State Farmer's Market

Let's spend some time at the State Farmers Market in Raleigh, where you can find a wide variety of fresh and local produce and meats, cheeses, and crafts at the market shops. We will stay for lunch, where you can choose from any of the three restaurants on site. Lunch is on your own.

Age: 55 and up

CR Fee: \$6 NCR Fee: \$11

8665	Jun 8	F	9am-2pm
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Spirit of Norfolk

Let's go cruising! We're off to Norfolk, VA, for a Silver Series Lunch Cruise aboard the Spirit of Norfolk. Not only will you enjoy a buffet-style lunch, entertainment will consist of trivia, a dance contest, and great prizes.

Age: 55 and up

CR Fee: \$78.25 NCR Fee: \$93.25

8668	Jul 11	W	7am-7:30pm
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NC Aquarium at Fort Fisher

Aquariums are for everyone! Meet a rare albino alligator named Luna. Get eye-to-eye with a loggerhead sea turtle. See a rescued bald eagle. Talk to a SCUBA diver swimming with rays and eels. Touch sea stars and horseshoe crabs. We'll stop for breakfast (Bojangle's) and dinner (Golden Corral). Cost of food not included in the price.

Age: 55 and up

CR Fee: \$45.20 NCR Fee: \$60.20

8677	Aug 23	Th	7am-8pm
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MATURE ADULT PROGRAMS continued

Let's Get Together!

There are lots of things we can do when we "Get Together." So this program is planned based on your interests and feedback. Anything from a checkers tournament, guest speaker or discussion group, to movie and popcorn. Your help in planning and leading is always welcomed, so "Let's Get Together!"

Age: 55 and up

No Cost

CFLRC AT LYON PARK

8686	Jan 2-Jan 30	T	10:30am-11:30am
8687	Feb 6-Feb 20	T	10:30am-11:30am
8688	Mar 6-Mar 20	T	10:30am-11:30am
8689	Apr 3-Apr 10	T	10:30am-11:30am
8690	May 8-May 29	T	10:30am-11:30am

HOLTON CAREER AND RESOURCE CENTER

8454	Jan 8-Jan 29	M	11am-12pm
8455	Feb 5-Feb 26	M	11am-12pm
8456	Mar 5-Mar 26	M	11am-12pm
8457	Apr 2-Apr 30	M	11am-12pm
8458	May 7-May 21	M	11am-12pm

WALLTOWN PARK RECREATION CENTER

8691	Jan 2-Jan 30	T,Th	12pm-1pm
8692	Feb 1-Feb 27	T,Th	12pm-1pm
8693	Mar 1-Mar 29	T,Th	12pm-1pm
8694	Apr 3-Apr 10	T,Th	12pm-1pm
8695	May 8-May 31	T,Th	12pm-1pm

Mature Adult Open Forum

Open forums are meetings where anyone can come and voice their opinions and concerns about Durham Parks and Recreation Mature Adult issues they feel are important.

Age: 55 and up

No Cost

WALLTOWN PARK RECREATION CENTER

8654	Feb 19	M	11am-12pm
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CFLRC AT LYON PARK

8653	Mar 20	T	10:30am-11:30am
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Movies

You pick the movie you want to view. \$5 fee paid at movie theater includes movie, popcorn, and drink. Transportation is an extra fee.

Age: 55 and up

No Cost

8419	Jan 12	F	12:30pm-4pm
8420	Feb 9	F	12:30pm-4pm
8421	Mar 9	F	12:30pm-4pm
8422	Apr 13	F	12:30pm-4pm
8423	May 11	F	12:30pm-4pm

Pinocle

Want a great way to enjoy an afternoon with friends and showing your skills at this classic card game? Join us for a truly great time!

Age: 55 and up

No Cost

WALLTOWN PARK RECREATION CENTER

8656	Jan 5-Jan 26	F	4:30pm-9pm
8657	Feb 2-Feb 23	F	4:30pm-9pm
8658	Mar 2-Mar 23	F	4:30pm-9pm
8659	Apr 6-Apr 27	F	4:30pm-9pm
8661	May 4-May 25	F	4:30pm-9pm

Prom... for Mature Adults!

Prom isn't just for high school seniors! This evening will feature ballroom music, light food, and all the prom trimmings. Get dressed up and dance the night away as you relive this fun tradition!

Age: 55 and up

CR Fee: \$3 NCR Fee: \$8

WALLTOWN PARK RECREATION CENTER

8319	May 9	W	5pm-8pm
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Senior Open Rec

Come participate in a variety of fun activities including billiards, foosball, darts, and board games.

Age: 55 and up

CR Fee: \$3 NCR Fee: \$8

W.D. HILL RECREATION CENTER

8337	Jan 6-May 26	Sa	11am-1pm
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PLAY MORE CARD

Purchase a Play More Card to receive
10% off recreation programs

Seniors in Motion Variety Show

In honor of Older Americans Month we invite you to join us for a Seniors in Motion Variety Show. Come and be thoroughly entertained, delighted, and enjoy everything from line dancing to solos.

Age: 55 and up

No Cost

8652	May 11	F	2pm-4pm
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Technology Made Easy

Can't teach old dogs new tricks? We beg to differ! Come learn the basic skills used to communicate in today's world. Several topics will be covered including: Facebook, Twitter, email, online purchasing, uploading photos, text messaging, search engines, and many more! Have questions about your computer or cell phone? We can help with that too!

Age: 55 and up

CR Fee: \$9 NCR Fee: \$14

WALLTOWN PARK RECREATION CENTER

8266	Mar 22-Apr 26	Th	2pm-3pm
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What's That And Why Should I Eat It?

Come join us to learn about the health benefits of various fruits and vegetables. Cooking tips, recipes and other educational materials will be provided.

Age: 55 and up

No Cost

CFLRC AT LYON PARK

8643	Jan 23	T	11am-11:45am
8644	Feb 27	T	11am-11:45am
8645	Mar 27	T	11am-11:45am

HOLTON CAREER AND RESOURCE CENTER

8449	Jan 18	Th	10:45am-11:15am
8450	Feb 15	Th	10:45am-11:15am
8451	Mar 15	Th	10:45am-11:15am
8452	Apr 19	Th	10:45am-11:15am
8453	May 17	Th	10:45am-11:15am





OUTDOOR RECREATION AND CITY LAKES

Environmental and outdoor experiential programs that inspire a lifelong connection to the outdoors.

Astronomy Series - Sky Watching

In this program series our knowledgeable staff will provide high powered binoculars and telescopes for high quality viewing. Some programs will feature astronomers from CHAOS, NCCU, and our very own DPR! Learn more about all things space: meteor showers, planets, stars and so much more! Dress for the weather. These programs are free and do not require registration.

No Cost

SANDY CREEK PARK

8209 Jan 19 F 7pm-9pm

Astronomy Series - Statewide Star Party

In this program series our knowledgeable staff will provide high powered binoculars and telescopes for high quality viewing. Some programs will feature astronomers from CHAOS, NCCU, and our very own DPR! Learn more about all things space: meteor showers, planets, stars and so much more! Dress for the weather. These programs are free and do not require registration.

No Cost

OLD NORTH DURHAM PARK

8210 Apr 20 F 8:30pm-10:30pm

Astronomy Series - Jupiter Rising

What is over 300 times the size of Earth, was called Thor by Germanic tribes and has a moon larger than a planet? Jupiter! Join Durham Parks and Recreation and North Carolina Central University Department of Physics and Mathematics for an evening looking through powerful telescopes and learning all about Jupiter. It is sure to be a gas!

No Cost

VALLEY SPRINGS PARK

8211 May 19 Sa 9pm-10pm

Caving Trip

Come scramble, slide and squeeze through warm eastern Tennessee caves on this day trip. Safety equipment will be provided. Participants will leave and return to Morreene Road Recreation Center, they will also need to wear clothing that can get muddy and bring a change of clothes. Under 16 must be accompanied by an adult.

Age: 9 and up

CR Fee: \$56 NCR Fee: \$71

MORREENE ROAD RECREATION CENTER

8197 Jan 27 Sa 6am-6pm

Community Campfire: Folk Tales

There may be nothing better than sitting next to a warm, crackling campfire. Durham Parks and Recreation Outdoor Recreation invites you to join us for our community campfire. We provide the fire and everything you need to make s'mores. You get to share a campfire experience with others in your community.

All ages (children must be accompanied by an adult). No pre-registration required.

No Cost

MORREENE ROAD PARK

8208 Feb 23 F 7pm-8pm

Durham City Lakes Opening Celebration

Join Durham Parks and Recreation to celebrate the beginning of the 2018 season. We will have a cookout, an assortment of paddle sport boats to try such as kayaks, paddle boards, and fishing equipment to use. We look forward to seeing you at beautiful Lake Michie!

No Cost

LAKE MICHIE BOATING AREA

8216 Apr 14 Sa 11am-1pm

Forest Bathing

Come experience the peacefulness of a guided quiet walk in the woods in two of our smaller, nature-dense parks. Let the sounds of birds, breezes and bullfrogs occupy your senses rather than computers, text message notifications and traffic. This is intended as a mid-day respite.

No Cost

LEIGH FARM PARK

8214 Mar 28 W 12:30pm-1:30pm

SANDY CREEK PARK

8215 Apr 25 W 12:30pm-1:30pm

High Ropes Discovery Day

Come explore Durham Parks and Recreation's high ropes course and navigate a variety of obstacles, some reaching 55 feet in the air!

Children ages 7-10 must be accompanied by a participating adult.

Age: 7 and up

CR Fee: \$8 NCR Fee: \$13

BETHESDA PARK

8198 Feb 24 Sa 11am-12:30pm
12:30pm-2pm
2pm-3:30pm

8199 Mar 24 Sa 11am-12:30pm
12:30pm-2pm
2pm-3:30pm

8200 Apr 28 Sa 11am-12:30pm
12:30pm-2pm
2pm-3:30pm





OUTDOOR RECREATION AND CITY LAKES

Muddy Boots

Adventure in nature with your preschooler at West Point on the Eno. We'll read a nature-themed book, then take a walk on the wild side to find the nature right outside our door. Children must be accompanied by a parent, and of course, wear boots or sneakers that can get a little dirty! Pre-registration is required.

Age: 2-4

CR Fee: \$1.50 NCR Fee: \$6.50

WEST POINT ON THE ENO

8193 Jan 9 T 10am-11am

8194 Feb 13 T 10am-11am

SANDY CREEK PARK

8195 Mar 13 T 10am-11am

8196 Apr 10 T 10am-11am

Not-So-Scary Night Hike

Ever wondered about those mysterious sounds at night? Join us for an educational nighttime family hike. Arrive in weather appropriate clothing.

No Cost

SANDY CREEK PARK

8212 Feb 3 Sa 6pm-7:30pm

LEIGH FARM PARK

8213 Mar 9 F 6:30pm-8pm

Off the Hook

Are you between the ages 13 and 17? Do you like fishing or ever wanted to learn how? This is the event for you! Hang out with DPR's outdoor recreation at Lake Michie for an evening of grilling out and fishing! The cook out will consist of burgers and hotdogs (vegetarian and gluten free options available upon request). Wear weather appropriate clothing and closed toed shoes that can get a little wet. We provide equipment and food. Registration is required.

Age: 13-17

CR Fee: \$3 NCR Fee: \$8

LAKE MICHIE BOATING AREA

8206 Apr 22 S 11am-1pm

Sunrise SUP

Savor a sunrise by stand up paddleboard on a scenic lake with DPR Outdoor Recreation. We will provide the equipment, you bring weather-appropriate clothing.

Age: 17 and up

CR Fee: \$6 NCR Fee: \$11

LAKE MICHIE BOATING AREA

8217 May 16 W 6am-7:30am

Sunset Paddle

Savor a sunset by paddling canoes and kayaks on Lake Michie with DPR Outdoor Recreation. We will provide the equipment, you bring weather-appropriate clothing and shoes. All children under 16 must be accompanied by a participating adult. Registration is required for this program.

Age: 17 and up

CR Fee: \$6 NCR Fee: \$11

LITTLE RIVER LAKE

8207 May 4 F 7pm-8:30pm

Your Wild Backyard

Join us and a guest speaker (TBD) to learn about the native and invasive plant species typical to a local Durham backyard. Learn how to eliminate problem plants to give room for natives favored by pollinators. Arrive in weather appropriate clothing suitable for a light walk and leave with answered questions and a native seed packet. Pre-registration is required.

Age: 14 and up

CR Fee: \$8 NCR Fee: \$13

CORNWALLIS ROAD PARK

8205 Mar 25 S 1pm-3pm

PLAY MORE CARD

Purchase a Play More Card to receive
10% off recreation programs



Durham Parks and Recreation has been recognized as a Playful City USA 9 times! Playful City USA is a recognition program honoring cities and towns that ensure that kids in their communities get the balanced and active play they need to thrive.



Sponsor Thank You

Platinum Paw



Gold Paw

North Paw Animal Hospital
Thunderworks



OUTDOOR RECREATION AND CITY LAKES continued

Lake Michie and Little River Lake in northern Durham County offer recreational fishing and boating. Both lakes are open to the public March 10-November 13, Friday, Saturday, Sunday and Monday from 6:30am-6pm. The lakes will also be open on the following holidays: Good Friday, Easter, Memorial Day.

CITY LAKES

LAKE MICHIE

2802 Bahama Rd.
Bahama, NC 27503

Friday-Monday
6:30 a.m.-6 p.m.

Canoes and kayaks are available to rent. Fishing licenses are required. Visit our website for rental fees and additional information.

For more information during the season, mid-March through mid-November (Friday-Monday), call the Lake Michie boathouse at 919-477-3906. For more information Tuesday through Thursday and/or during the off-season please contact DPR Outdoor Recreation staff at 919-560-4405.



LITTLE RIVER LAKE

1500 Orange Factory Rd.
Durham, NC 27712

Friday-Monday
6:30 a.m.-6 p.m.

Electric motor, rowboat, canoe and kayak rentals are available. Fishing licenses are required. Visit our website for rental fees & additional information. Personal boats and motors are not allowed.

For more information during the season, mid-March-mid-November (Friday-Monday), call the Little River Lake boathouse at 919-477-7889 during operational hours. For more information Tuesday through Thursday and/or during the off-season please contact DPR Outdoor Recreation staff at 919-560-4405.



ROPES COURSES

LOW ROPES COURSE

At the low challenge course, staff facilitators use a variety of natural and man-made elements, games, and initiatives to help groups and individuals develop trust, cooperation, teamwork and leadership skills. Facilitators utilize a 13-element low ropes course, portable elements, hiking trails and other open spaces to create intellectually and physically engaging outdoor experiences for groups. Each program is individually designed based on a consultation with the client. The minimum age for participation at the low challenge course is 10 years of age, and programs can be designed for persons of differing abilities.

HIGH ROPES COURSE

Durham Parks and Recreation's Discovery Course is a unique experience in personal challenge and high ropes course design. The Discovery Course is full of options, allowing participants to choose their degree of challenge throughout their journey, culminating in a peak experience in the Crow's Nest, which offers birds-eye views of the surrounding area. A final thrill awaits with the participant's choice of the giant swing or zip line as the exit off the course. The course is designed to motivate by building self-esteem, encouraging risk-taking, developing respect for individual differences and fostering trust through a common experience. The Discovery Course is available to the public either through



Discovery High Ropes Course at Bethesda Park

reservations as a group for a team building program, or on the bimonthly "Discovery Days." Minimum age for participation is 7, ages 7-9 must be accompanied by a participating adult. For more information and pricing, individuals and groups may call DPR Outdoor Recreation at 919-560-4405 ext. 27347 or visit our website at dprplaymore.org or getoutdoorsdurham.blogspot.com.



PERFORMING ARTS

Programs that enhance artistic expression and social interaction through music, dance and drama.

Beginner Improv

Experience the power of play, and the fun of improvisational comedy in a fun and safe environment with Made Up Theatre's games and shows.

Age: 15 and up

Fee: 15 -18	CR \$12	NCR \$17
19 -54	CR \$32	NCR \$47
55 +	CR \$12	NCR \$17

CFLRC AT LYON PARK

8662	Jan 10-Feb 28	W	4pm-5pm
8664	Mar 7-Apr 25	W	4pm-5pm

Drumming Classes

Learn rhythms using basic base, tone and slap hand techniques.

Age: 5-12

CR Fee: \$9 NCR Fee: \$14

WALLTOWN PARK RECREATION CENTER

8231	Jan 26-Mar 2	F	6pm-7pm
8232	Mar 23-May 4	F	6pm-7pm

Fashion Society & Modeling

This class teaches grace and poise. This entry-level program will focus on the basics of modeling techniques such as proper walking, turns, and poses.

Age: 13-17

CR Fee: \$0 NCR Fee: \$23

HOLTON CAREER AND RESOURCE CENTER

8511	Jan 13-Feb 17	Sa	3pm-5pm
8512	Mar 3-Apr 7	Sa	3pm-5pm
8519	Apr 21-May 26	Sa	3pm-5pm

Intro to Piano

Do you love creating your own sound? This is the perfect class where you can learn how to read music and create a sweet melody!

Age: 8-12

CR Fee: \$9 NCR Fee: \$14

WALLTOWN PARK RECREATION CENTER

8257	Jan 23-Feb 27	T	6:30pm-7:30pm
8258	Mar 20-Apr 24	T	6:30pm-7:30pm

Jr. Cheerleading

This cheerleading class teaches children the basic skills needed to advance in the sport of cheerleading. Your child will learn to memorize cheers and master the art of performing them. This class is recommended for students who bring enthusiasm, energy, and love to the sport.

Age: 8-11

CR Fee: \$9 NCR Fee: \$14

I.R. HOLMES, SR. RECREATION CENTER

8357	Jan 13-Feb 17	Sa	12pm-1pm
8358	Mar 24-May 5	Sa	12pm-1pm

Kid's Chorus

Make a joyful noise and join the Walltown Kids Chorus! Learn the basics, like timing and rhythm, breathing and projection, as well as how to be confident on stage. At the end of the session, we will perform a special concert for family and friends.

Age: 6-12

CR Fee: \$6.75 NCR Fee: \$11.75

WALLTOWN PARK RECREATION CENTER

8272	Feb 6-Mar 13	T	4:15pm-5pm
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Latin American Folk Dance

This class will explore traditional dances from a variety of Latin American countries. In this program the participants will learn about popular folk dances from Latin America. Additional fees may apply for costumes, accessories, etc.

Age: 5 and up

No Cost

HOLTON CAREER AND RESOURCE CENTER

8523	Jan 20-Feb 24	Sa	12pm-2pm
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8524	Mar 10-Apr 14	Sa	12pm-2pm
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HOLTON CAREER AND RESOURCE CENTER

8525	Apr 21-May 26	Sa	12pm-2pm
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Latin Dance

You hear the music and you cannot help it, it makes you move. It lures you to the dance floor, but what to do? This class is ideal for participants looking to learn and venture into the fun world of Latin Dancing. Participants will learn to dance Salsa, Merengue, Cumbia, and Bachata. Beginners are welcome and a dance partner is not required.

Age: 13 and up

HOLTON CAREER AND RESOURCE CENTER

CR Fee: \$0 NCR Fee: \$14

8520	Jan 17-Feb 21	W	7pm-8pm
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8521	Mar 7-Apr 11	W	7pm-8pm
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8522	Apr 25-May 30	W	7pm-8pm
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W.D. HILL RECREATION CENTER

Age: 18 and up

CR Fee: \$9 NCR Fee: \$14

8765	Jan 4-Feb 15	Th	7pm-8pm
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8766	Feb 22-Mar 29	Th	7pm-8pm
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8767	Apr 5-May 10	Th	7pm-8pm
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8768	May 17-Jun 21	Th	7pm-8pm
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Tiny Tots Ballet

A fun introduction to ballet for preschoolers! This class helps children to develop motor skills, directional awareness and counting, and socialization skills. Preferred class attire consists of leotards, tights and ballet slippers.

Age 3-4

CR Fee: \$19 NCR Fee: \$24

EDISON JOHNSON RECREATION CENTER

8377	Jan 6-May 5	Sa	9:45am-10:30am
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I.R. HOLMES, SR. RECREATION CENTER

CR Fee: \$24 NCR Fee: \$29

8338	Jan 9-May 1	T	5:30pm-6:30pm
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8339	Jan 10-May 2	W	5:30pm-6:30pm
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HOLTON CAREER AND RESOURCE CENTER

AGE: 3-6

CR Fee: \$0 NCR Fee: \$14

8469	Jan 20-Feb 24	Sa	10am-11am
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8470	Mar 10-Apr 14	Sa	10am-11am
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8472	Apr 21-May 26	Sa	10am-11am
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PERFORMING ARTS

Kinder Ballet

Children learn grace and poise in ballet! This class introduces children to the ballet barre, proper dance terms, and correct body positioning. Preferred class attire consists of leotards, tights and ballet slippers.

Age: 5-6

CR Fee: \$19 NCR Fee: \$24

I.R. HOLMES, SR. RECREATION CENTER

8335 Jan 9-May 1 T 6:30pm-7:15pm

8336 Jan 10-May 2 W 6:30pm-7:15pm

Step by Step Ballet

Our ballet class program is designed to take students from their very first step through a comprehensive curriculum of classical ballet studies. It also encourages physical discipline and general body awareness and control.

Age: 5-12

CR Fee: \$9 NCR Fee: \$14

WALLTOWN PARK RECREATION CENTER

8229 Jan 27-Mar 3 Sa 12:30pm-1:30pm

8230 Apr 7-May 12 Sa 12:30pm-1:30pm

Teen Shed Sessions

Let's ROCK!!! Bring your instruments and let's vibe to the beat as we collaborate with like-minded musicians and make great music. Teen Shed sessions provides a safe, structured space for kids of all ages to come together and share musical ideas and stories. This is a drop in program. Tweens are also welcome to join!

Age: 10-16

CR Fee: \$0 NCR Fee: \$5

I.R. HOLMES, SR. RECREATION CENTER

8492 Feb 9 F 6pm-7:30pm

8493 Mar 9 F 6pm-7:30pm

8494 Apr 13 F 6pm-7:30pm

8495 May 11 F 6pm-7:30pm

Youth Cheerleading

This class teaches basic cheerleading skills. Recommended for kids who have high energy and like to learn cheers and chants.

Age: 6-12

CR Fee: \$0 NCR Fee: \$14

HOLTON CAREER AND RESOURCE CENTER

8473 Jan 20-Feb 24 Sa 9am-10am

8474 Mar 10-Apr 14 Sa 9am-10am

8475 Apr 21-May 26 Sa 9am-10am

Youth Dance

Continue your child's experience in ballet and lyrical jazz styles of dance. In this class your child will gain dance technique in ballet, lyrical jazz and tap. Preferred class attire consists of leotard, tights and ballet slippers.

Age: 5-12

CR Fee: \$21 NCR Fee: \$26

EDISON JOHNSON RECREATION CENTER

8378 Jan 6-May 5 Sa 10:45am-11:30am

PLAY MORE CARD

Purchase a Play More Card to receive
10% off recreation programs

Youth Hip Hop Dance

This introductory-level hip hop class provides a structured method of learning hip hop, modern and STEP dance movements in a fun-filled and vibrant class environment. The class utilizes upbeat music from various genres, in addition to the latest hip hop hits. If you really want to learn how to do the latest dances moves, this class is definitely for you.

Age: 6-12

CR Fee: \$0 NCR Fee: \$14

HOLTON CAREER AND RESOURCE CENTER

8476 Jan 22-Feb 26 M 6:30pm-7:30pm

8477 Mar 5-Apr 9 M 6:30pm-7:30pm

8478 Apr 16-May 21 M 6:30pm-7:30pm



Durham Parks and Recreation Recreation Advisory Commission (RAC)

The RAC meets on the second Wednesday of each month at 7:30 a.m. at the Durham Parks and Recreation (DPR) administration office. The mission of the Recreation Advisory Commission is to advocate for DPR and the Durham Community. For more information regarding the RAC, contact Lynda Merritt at 919-560-4355, ext. 27233.

Gene Carleton, Chair
David Green, Vice Chair
Steve Schewel, City Council Liaison
Lynda Merritt, City Staff
Kosta Harlan, Member
Marge Clemons, Member

David Fellerath, Member
Kevin Lloyd, Member
Rebecca Reyes (Mayor Appointee)
Beth Timson, Member
Frank White, Member

*Selected by the North Carolina Recreation and Parks Association
as recipients of the "Distinguished Recreation Board Award"*



SOCIAL ACTIVITIES

Provide opportunities for relationship building and cultivating and improving social skills through involvement in classes, programs, special events and volunteer opportunities.

PRESCHOOL ACTIVITIES

Let it Snow

We will celebrate the season with fun activities centered around snowflakes, snowmen, and all things winter. Children will enjoy hot chocolate and snacks. Please have your child wear a favorite scarf!

Age: 2-4

CR Fee: \$1.50 NCR Fee: \$6.50

I.R. HOLMES, SR. RECREATION CENTER
8340 Jan 10 W 10am-11am

Winter Wonderland

Join us for a winter celebration. We will enjoy winter and snow crafts, games, and hot chocolate.

Age: 2-4

CR Fee: \$1.50 NCR Fee: \$6.50

EDISON JOHNSON RECREATION CENTER
8360 Jan 10 W 10am-11am

Groundhog Play Day

Groundhog Play Day? Will there be six more weeks of winter, or is spring on the way? We'll find out today! Join us at Edison Johnson to learn about Groundhog Day through stories, crafts, and shadow play with our friend Phil, the Fearless Forecaster.

Age: 2-4

CR Fee: \$1.50 NCR Fee: \$6.50

EDISON JOHNSON RECREATION CENTER
8368 Feb 2 F 10am-11am

Hearts Galore

Hearts, hearts, and more hearts! Bring your preschooler and join us to create a Valentine's Day mobile, and celebrate this love-filled holiday. Don't forget to dress your child in red!

Age: 2-4

CR Fee: \$1.50 NCR Fee: \$6.50

I.R. HOLMES, SR. RECREATION CENTER
8341 Feb 7 W 10am-11am

Love Bugs

Love Bugs? Have you caught the love bug? Let's celebrate our loved ones with a Valentine's Day story, craft, and snack.

Age: 2-4

CR Fee: \$1.50 NCR Fee: \$6.50

EDISON JOHNSON RECREATION CENTER
8362 Feb 14 W 10am-11am

Will You be my Valentine?

Have your toddler help us celebrate Valentine's Day! Enjoy story time, music, crafts and refreshments with this fun event!

Age: 3-5

CR Fee: \$3 NCR Fee: \$8

WALLTOWN PARK RECREATION CENTER
8227 Feb 14 W 10am-12pm

Dr. Seuss Day, Hooray!

You're invited to celebrate Dr. Seuss's birthday! Come dressed as your favorite character and bring your favorite book to share. We'll make Ooey, Goey, Oobleck and enjoy a Cat in the Hat snack.

Age: 2-4

CR Fee: \$1.50 NCR Fee: \$6.50

EDISON JOHNSON RECREATION CENTER
8363 Mar 2 F 10am-11am

Super Shamrocks

Calling all "Lucky Leprechauns!" Your child will follow the rainbow to the pot of gold where we will make a shamrock craft, enjoy a snack, and celebrate being green.

Age: 2-4

CR Fee: \$1.50 NCR Fee: \$6.50

I.R. HOLMES, SR. RECREATION CENTER
8342 Mar 7 W 10am-11am

Sham-Rockin' Good Time

Join us for a celebration of all things St. Patrick's! We will make a St. Patrick's Day-themed craft, listen to Irish folk tales and music, and enjoy green snacks.

Age: 2-4

CR Fee: \$1.50 NCR Fee: \$6.50

EDISON JOHNSON RECREATION CENTER
8369 Mar 14 W 10am-11am

Earth Day Arts and Crafts

Preschoolers will create eco-friendly art projects using recycled products. They will learn about their natural environment and how to care for their home - planet earth. Snacks will be served.

Age: 2-4

CR Fee: \$1.50 NCR Fee: \$6.50

I.R. HOLMES, SR. RECREATION CENTER
8344 Apr 11 W 10am-11am

Spring Fever

Have your toddler help us celebrate the holiday season and the start of spring! Enjoy story time, music, crafts and refreshments with this fun event.

Age: 3-5

CR Fee: \$3 NCR Fee: \$8

WALLTOWN PARK RECREATION CENTER
8228 Apr 11 W 10am-12pm

Wings at Work

Children will explore the community garden at Edison Johnson and learn about butterflies and other pollinators. The group is invited to wear butterfly wings and will make a butterfly metamorphosis craft.

Age: 2-4

CR Fee: \$1.50 NCR Fee: \$6.50

EDISON JOHNSON RECREATION CENTER
8370 Apr 11 W 10am-11am

What a Wonderful World

Earth Day is right around the corner! Join us at Edison Johnson as we learn what we can do to keep our world a wonderful place. Let's create some crafts from recycled materials and plant some seeds in the garden!

Age: 2-4

CR Fee: \$1.50 NCR Fee: \$6.50

EDISON JOHNSON RECREATION CENTER
8364 Apr 20 F 10am-11am

Hats Off to Mom

Join us in a tea party celebrating the many hats that mothers wear. We'll enjoy snacks and make a take-home gift for mom. Feel free to wear your favorite hat!

Age: 2-4

CR Fee: \$1.50 NCR Fee: \$6.50

EDISON JOHNSON RECREATION CENTER
8367 May 9 W 10am-11am

Mother's Day Tea

Come to our tea party and wear a hat! There will be entertainment, a craft corner, and a hat contest. Light refreshments will be served at this special event that honors Mom.

Age: 2-4

CR Fee: \$1.50 NCR Fee: \$6.50

I.R. HOLMES, SR. RECREATION CENTER
8343 May 9 W 10am-11am



SOCIAL ACTIVITIES

Picasso Babies

Help your toddler discover their inner Picasso through the exciting world of arts and crafts. Come and be a witness to your child's first masterpiece! Parental participation is required.

Age: 1-5

CR Fee: \$28.50 NCR Fee: \$43.50

CFLRC AT LYON PARK

8095 Jan 3-May 9 W 10am-11am

Mess Makers

Parents will pair with their preschooler for arts, crafts, music, and movement. Get energized moving to the music. Have fun and explore your inner artist with markers, paint, glitter and glue. After each class you will have a project to take home.

Age: 1-5

CR Fee: \$6.75 NCR Fee: \$11.75

WALLTOWN PARK RECREATION CENTER

8239 Mar 6-Apr 10 T 10am-10:45am

Shorty Sporty All-Stars

Want to try several sports? Shorty Sporty All Stars lets you experience different sports and games.

Age: 3-5

CR Fee: \$6.75 NCR Fee: \$11.75

WALLTOWN PARK RECREATION CENTER

8247 Mar 19-Apr 23 M 5:15pm-6pm

8251 Mar 20-Apr 24 T 5:15pm-6pm

Shorty Sporty Tumbling

This class is for students interested in focusing on tumbling. Participants will be learning basic tumbling skills such as forward/backward rolls, cartwheels and hand/headstands.

Age: 3-5

CR Fee: \$6.75 NCR Fee: \$11.75

WALLTOWN PARK RECREATION CENTER

8243 Jan 22-Feb 26 M 5:30pm-6:15pm

8246 Jan 24-Feb 28 W 5:30pm-6:15pm

Sing-a-Long Storytime

Get those little ones singing, stomping and dancing to their favorites songs and stories! They'll make new friends along the way, and learn more about singing and rhythm.

Age: 1-6

No Cost

WALLTOWN PARK RECREATION CENTER

8273 Apr 9-May 14 M 9:30am-10am

StoryTime in the Park

Join us as we listen to stories, play, and explore some of our local parks! This program offers a lively mix of stories and rhymes for your toddler to enjoy. They'll also learn exciting new games to play and make new friends in their neighborhood. Comfortable clothing and shoes are recommended.

Age: 1-5

No Cost

WALLTOWN PARK

8594 May 7-June 4 M 10am-11am

Superhero to the Rescue!

Find out what it takes to be the best superhero the world has ever seen! Your child will develop their superhero skills by creating a costume, theme song, name and more! They'll also learn about everyday heroes and what it means to be super - without the cape!

Age: 3-5

CR Fee: \$9 NCR Fee: \$14

WALLTOWN PARK RECREATION CENTER

8265 Mar 21-May 2 W 10am-11am

Tiny Chefs

Join your toddler to learn easy-to-make healthy food options for snacks and meals.

Age: 3-4

EDISON JOHNSON RECREATION CENTER

CR Fee: \$9 NCR Fee: \$14

8371 Jan 10-Feb 21 W 10am-11am

8372 Feb 28-Apr 11 W 10am-11am

Total Tot Time

Come and play with your children in the gym! The emphasis of this program is placed on socialization with parent and child as well as on socializing with other tots. Play with a parachute, crawl through tunnels, jump rope, bowl, or just play tag!

No Cost

CFLRC AT LYON PARK

Age: 3 and under

8738 Jan 16-May 31 T,Th 10am-12pm

HOLTON CAREER AND RESOURCE CENTER

Age: 1-5

8220 Jan 17-May 31 W-Th 10am-12pm

I.R. HOLMES, SR. RECREATION CENTER

Age: 1-5

8468 Jan 10-May 16 W 10:15am-12:15pm

WALLTOWN PARK RECREATION CENTER

Age: 1-5

8582 Jan 8-May 25 M,F 10:15am-12:15pm

YOUTH AND FAMILY ACTIVITIES

Youth Hang Time

Want a place to chill, relax, and kick back? Come hang out or participate in both physical and leisure activities in a safe structured environment. Participants will have access to the computer lab, game room, gym, video games, pool table, air hockey, ping pong, Facebook, Twitter, and more!

Age: 5-12

CR Fee: \$0 NCR Fee: \$5

WEAVER STREET RECREATION CENTER

8281 Jan 2-May 31 M-F 3pm-6pm





SOCIAL ACTIVITIES

Family Minute Challenge

Bring your whole family for a night of good, clean family competition. Each family will participate in minute challenges that may seem easy, but are harder than they look. Is your family up to the challenge? Limited to 5 teams of 5 players.

No Cost

I.R. HOLMES, SR. RECREATION CENTER

8496 Feb 16 F 6pm-8pm

8497 Apr 20 F 6pm-8pm

Family Movie Night

Bring your entire family to movie night at Campus Hills. On the 4th Friday of each month, we will enjoy popcorn, drinks, and a movie that the entire family will enjoy. Sit back, relax, and let us entertain you for the evening. Doors open at 5:30, Showtime is at 6 p.m.

All Ages

Fee:

Age	CR	NCR
0-18	\$0	\$5
19-54	\$4	\$9
55+	\$3	\$8

I.R. HOLMES, SR. RECREATION CENTER

8485 Jan 26 F 6pm-8pm

8487 Feb 23 F 6pm-8pm

8488 Mar 23 F 6pm-8pm

8489 Apr 27 F 6pm-8pm

Fun Caravan

Fun Caravan is a mobile recreation program that brings recreation to communities throughout Durham by providing a variety of fun, active, and challenging recreation experiences for children up to 12 years old. The program offers a variety of activities from arts and crafts to obstacle courses to more traditional games like relay races. Follow us to the Fun! All children must be accompanied by an adult. Weather permitting.

No Cost

ELMIRA AVENUE PARK

8224 Mar 14 W 1pm-3pm

FOREST HILLS PARK

8225 Apr 11 W 9:30am-11:30am

GARRETT ROAD PARK

8226 May 11 F 9:30am-11:30am

Holiday Cookie Decorating

Get your little ones into the holiday spirit by creating some holiday cookies that taste as good as they look. Baked cookies will be ready for your child to decorate using royal icing and chocolate.

Age: 5-12

CR Fee: \$1.50 NCR Fee: \$6.50

WALLTOWN PARK RECREATION CENTER

8252 Feb 12 M 6pm-7pm

8253 Apr 9 M 6pm-7pm



Jr. Chefs

Learn how to make quick and healthy meals with fresh fruits and vegetables.

Age: 6-12

EDISON JOHNSON RECREATION CENTER

CR Fee: \$9 NCR Fee: \$14

8374 Jan 8-Feb 19 M 6pm-7pm

8375 Feb 26-Apr 9 M 6pm-7pm

Mystery Trip

Up for a surprise? Come join us on a trip somewhere in the Triangle. This trip is a mystery to the participants, find out where we're going when we arrive!

Age: 18 and up

CR Fee: \$6 NCR Fee: \$11

WALLTOWN PARK RECREATION CENTER

8318 Apr 4 W 10am-3pm

Parents' Night Out

Parents enjoy a night out on the town while the kids enjoy the evening at the recreation center. Your children will have a blast in a safe, caring, and fun environment. Age-appropriate activities will include arts and crafts, sports, games and movies. A snack will be provided. It's a fun night out for everyone!

Age: 5-11

CR Fee: \$3 NCR Fee: \$8

CFLRC AT LYON PARK

8669 Jan 5 F 6:30pm-8:30pm

8672 Feb 2 F 6:30pm-8:30pm

8674 Mar 2 F 6:30pm-8:30pm

8676 Apr 6 F 6:30pm-8:30pm

8678 May 4 F 6:30pm-8:30pm





SPECIAL EVENTS

Friendly and fun events for the community to come together to enjoy a variety of activities ranging from concerts, festivals, movies, etc. in a central location.

MLK Event: Celebrating the Legacy Through the Arts

Durham Parks and Recreation will host a program to commemorate the life of Dr. Martin Luther King, Jr. The theme is MLK: Remembering the Legacy through the Arts. Participants will enjoy a series of activities highlighting the components in the life of Dr. Martin Luther King Jr. including visual art displays, poetry open mic, community discussions, live performances, arts and crafts projects and more. The event is free and open to the public.

No Cost

W.D. HILL RECREATION CENTER

8348 Jan 13 Sa 2pm-5pm

Daddy Daughter Dance

Here is Dad's chance to take his favorite girl(s) out for a fancy night of dancing and fun!

Music, cake and punch will be served. The young ladies will receive a keepsake photo and a special gift. This event is not limited to fathers - uncles and grandfathers are also welcome!

Age: 4-11

Fee:

Age	CR	NCR
0-18	\$0	\$5
19-54	\$4	\$9
55+	\$3	\$8

I.R. HOLMES, SR. RECREATION CENTER

8467 Feb 10 Sa 5pm-7:30pm

Mother Son Dance

This event provides an opportunity for a son(s) to take his favorite girl out for a fancy night of dancing and fun! Music and refreshments will be served. Mom and son(s) will receive a keepsake photo by email and a special gift. This event is not limited to mothers and sons, the family is welcome!

Age: 3 and up

No Cost

HOLTON CAREER AND RESOURCE CENTER

8218 Feb 15 Th 6pm-8pm

Egg Hunt

Egg hunters wanted! Children will be divided into groups according to age for the egg hunt. Find the golden egg to win an extra prize!

No Cost

CAMPUS HILLS PARK

8466 Mar 24 Sa 10am-11am

WEST POINT ON THE ENO

8189 Mar 24 Sa 10am-12pm

YES! (Youth Empowerment Summit)

The Youth Empowerment Summit helps the youth of Durham feel empowered, encouraged, and enthused to be all that they can be. With guest speakers, breakout sessions, door prizes, and fun games and activities, the youth will leave with the tools necessary to change their lives and help change the world in which they live and play.

Age: 8-11

No Cost

I.R. HOLMES, SR. RECREATION CENTER

8490 Apr 7 Sa 10am-2pm



Sponsor Thank You

La Mega 1310

Univision 40

UniMas 42

La Ley 101.1

La Noticia Newspaper

North Carolina FC

Qué Pasa?

La Conexion Newspaper



SPECIAL EVENTS

Earth Day Festival

Join us to enjoy a day filled with an eclectic mix of music, great food, hands-on environmental education activities and much more.

No Cost

DURHAM CENTRAL PARK

8291 April 22 Su 12pm-5pm

Starlight Friday

Spend an evening with the stars, under the stars! Bring the family to enjoy an outdoor movie! These free movies will start at sunset!

*Due to movie licensing, we are unable to advertise the movie that will be playing. Please call ahead to find out what we're showing!

No Cost

OVAL DRIVE PARK

8584 May 4 F 8pm-10pm

Bimbé Weekday Event: Community Block Party

Fun for the whole community! Music, food, dancing, and games for the whole family!

No Cost

HOLTON ATHLETIC FIELD

8294 May 16 W 6pm-8pm

Bimbé Weekday Event: Basketball Classic

Basketball game hosted by Brian Dawson featuring old school and new school alumni.

No Cost

SOUTHERN HIGH SCHOOL

8293 May 17 Th 7pm-9pm

Bimbé Cultural Arts Festival

The Bimbé Cultural Arts Festival celebrates West African traditions and culture. All events are free and open to the public. Bimbé offers a wide range of programs including music, dance and readings. There will also be a full range of vendors offering local crafts, artwork, food and drink.

No Cost

ROCK QUARRY PARK

8292 May 19 Sa 12pm-8pm

PHOTOS WANTED!

Do you have photos you've taken at Parks and Recreation centers or in our parks? Submit them to us and see them in print in Play More!

For details call 919-560-4355 or email dprinfo@durhamnc.gov.

VENDORS & SPONSORS

Become a vendor or sponsor for an upcoming special event! Opportunities are available for non-profits, artists, businesses and food vendors!



VOLUNTEERS

Volunteers are regularly needed for special events. Visit dprvolunteers.ivolunteer.com to check out upcoming volunteer opportunities.



INCLEMENT WEATHER INFORMATION

If at any point it becomes unsafe to host or continue a program due to inclement weather, DPR will postpone or cancel the event. Please check one of the following online sites for up-to-date information on cancellations and closures:

dprplaymore.org
facebook.com/dprplaymore
twitter.com/dprplaymore
 or call: 919-560-4636

Most outdoor special events will occur rain or shine. In the case of extreme cold weather, threat or warning of a tornado or hurricane, or thunder and lightning storms, the event will be cancelled. A decision to close athletic fields or cancel games and practices will be made at 4:30 p.m. during the week and 7:30 a.m. on weekends.



SPECIAL PROGRAMS

Provide recreational opportunities for individuals with disabilities to improve socialization and skill development, by providing programs such as Special Olympics and by making accommodations within all other DPR programs and services. DPR strives to make our programs, services, and facilities accessible for all individuals and families, regardless of race, color, religion, gender, national origin or ability level.

Braille Class

This class will teach individuals how to read and write basic to intermediate braille, and provide an opportunity to make new friends. The class is designed for individuals who have visual impairments, but is open to anyone interested in learning braille.

Age: 18 and up

No Cost

W.D. HILL RECREATION CENTER

8352 Jan 8-May 21 M 6pm-7pm

Buddy Sports Basketball

This basic sport skills program offers opportunities for children with and without disabilities to learn and play together. Social skills, teamwork, coordination, and balance are promoted while sport skills are taught.

CR Fee: \$12 NCR Fee: \$17

CFLRC AT LYON PARK

Age: 3-5

8713 Jan 6-Feb 24 Sa 9:30am-10:30am

Age: 6-8

8714 Jan 6-Feb 24 Sa 10:30am-11:30am

Age: 9-15

8715 Jan 6-Feb 24 Sa 11:30am-12:30pm

Couch to 5K

Get off the couch and lace up your shoes. Join the fun and start moving with us. 8 week run/walk inclusive training program.

Age: 8 and up

Fee:

Age	CR	NCR
0-18	\$12	\$17
19-54	\$32	\$47
55+	\$12	\$17

CFLRC AT LYON PARK

8711 Jan 8-Mar 5 M 5:30pm-6:30pm

8712 Mar 12-Apr 30 M 5:30pm-6:30pm

Dance the Night Away

Come join the fun and dance the night away! Every 3rd Saturday of the month. Fee listed is per day.

Age: 18 and up

Fee:

Age	CR	NCR
0-18	\$0	\$5
19-54	\$4	\$9
55+	\$3	\$8

EDISON JOHNSON RECREATION CENTER

8770 Jan 20 Sa 7pm-9pm

8791 Feb 17

8792 Mar 17

8793 Apr 21

8794 May 19

Sharing Group

The Sharing Group provides opportunities for persons who are blind or have limited vision to socialize, receive support from others and learn ways to adapt and adjust daily tasks. Those just beginning to experience vision loss are encouraged to attend.

Age: 18 and up

No Cost

W.D. HILL RECREATION CENTER

8351 Jan 4-May 31 Th 6pm-7pm



Special Olympics

North Carolina

Durham County

Special Olympics programs are offered through Durham Parks and Recreation in conjunction with Durham County Special Olympics.

For more information
Contact Kristen Randall
at 919-560-4292, ext. 27309 or
Kristen.Randall@durhamnc.gov



connect WITH US

Receive important news and information!



@DPRPlaymore



TEEN PROGRAMS

Provide safe, enriching experiences that promote education, socialization and physical activity.

Campus 2 Campus

Join us while we tour colleges and universities across the state. In addition to tours, you will get an opportunity to build resumes, work on college applications, and listen to student panels.

Age: 13-17

CR Fee: \$0 NCR Fee: \$5

WEAVER STREET RECREATION CENTER

8122 Apr 2-Apr 5 M-Th 7am-7pm

Car Maintenance 101

Do you know the difference between buying and affording a car? This program will help you understand the difference. Come out and get some hands on experience on how to change a tire, detail your car, properly maintain a car along with other basic maintenance needs that will make affording a car little easier.

Age: 13-18

CR Fee: \$0 NCR Fee: \$5

WALLTOWN PARK RECREATION CENTER

8595 Apr 14 Sa 1pm-3pm

Hang Time

Want a place to chill, relax, and kick back? Come hang out or participate in both physical and leisure activities in a safe structured environment. Teens will have access to the computer lab, game room, gym, video games, pool table, air hockey, ping pong, Facebook, Twitter, and more!

Age: 13-18

CR Fee: \$0 NCR Fee: \$5

WEAVER STREET RECREATION CENTER

8116 Jan 2-May 31 M-F 3pm-6pm

WALLTOWN PARK RECREATION CENTER

8308 Jan 2-May 31 M-F 3pm-5pm

Hip Hop Dance

This dance class infuses the techniques of contemporary dance with the upbeat style of hip hop.

Age: 13-18

CR Fee: \$0 NCR Fee: \$14

HOLTON CAREER AND RESOURCE CENTER

8482 Jan 19-Feb 23 F 6pm-7pm

8483 Feb 2-Apr 13 F 6pm-7pm

8484 Apr 20-May 25 F 6pm-7pm

Junior Fire Marshall

The Jr. Fire Marshal program is designed to enhance career awareness, personal development, and the understanding of fire safety.

Age: 13-18

No Cost

CFLRC AT LYON PARK

8077 Apr 2-Apr 5 M-Th 7:45am-3:15pm

Open Rec

Come participate in a variety of fun activities including billiards, foosball, darts, and board games.

Age: 13-18

CR Fee: \$0 NCR Fee: \$5

W.D. HILL RECREATION CENTER

8107 Jan 2-May 29 T 6pm-8pm

WEAVER STREET RECREATION CENTER

8148 Jan 6-May 26 Sa 1pm-6pm

Teen Athletic Training

Looking for a way to improve your athleticism? Come out and do a sequence of drills and exercises that will improve your explosiveness, agility, and speed to expand your overall athletic performance. This is a drop in program. Fee listed is per day.

Age: 13-18

CR Fee: \$0 NCR Fee: \$5

WALLTOWN PARK RECREATION CENTER

8590 Apr 8-Apr 29 S 4pm-6pm

Teen Lounge

Come lounge out with your friends! Play video games, board games, watch sports or your favorite movies, or just chill out and relax with your friends.

Age: 13-18

CR Fee: \$0 NCR Fee: \$5

WEAVER STREET RECREATION CENTER

8113 Jan 2-May 31 M-Th 7:30pm-9pm

Teen Night

Have nothing to do on a Friday? Looking for a safe and relaxing atmosphere? Look no further! Come out to play basketball, video games, surf the Internet, learn to dance and much more. Participants 18 years old will be asked to present a valid high school ID in order to participate.

Age: 13-18

CR Fee: \$0 NCR Fee: \$5

HOLTON CAREER AND RESOURCE CENTER

8242 Jan 19-May 25 F 7pm-10pm

CFLRC AT LYON PARK

8263 Jan 5-May 25 F 6pm-10pm

W.D. HILL RECREATION CENTER

8172 Jan 5-May 25 F 6pm-10pm

WEAVER STREET RECREATION CENTER

8127 Jan 5 F 6pm-10pm

8133 Feb 16 F 6pm-10pm

8138 Mar 16 F 6pm-10pm

8143 Apr 27 F 6pm-10pm

WALLTOWN PARK RECREATION CENTER

8599 Jan 5-May 25 F 6pm-10pm

Teen Open Gym

You got game? Bring it to open gym basketball! A facility attendant will be present to organize the games. Everyone must bring a valid photo ID in order to participate.

Age: 13-18

CR Fee: \$0 NCR Fee: \$5

WEAVER STREET RECREATION CENTER

8311 Jan 2-Apr 12 M-Th 6pm-9pm

CFLRC AT LYON PARK

8262 Jan 4-Apr 26 Th 6pm-8:30pm

HOLTON CAREER AND RESOURCE CENTER

8248 Jan 16-May 31 T,Th 6pm-9pm
Sa,S 1:30pm-5:30pm

I.R. HOLMES, SR. RECREATION CENTER

8307 Jan 17-May 30 M,W,F 4pm-6pm

S 1:45pm-5:45pm

WEAVER STREET RECREATION CENTER

8045 Jan 30 T 6pm-9pm

8047 Feb 13 T 6pm-9pm

8048 Feb 20 T 6pm-9pm

8051 Mar 13 T 6pm-9pm

8123 Mar 21 W 6pm-9pm

8087 Apr 5 Th 6pm-9pm

8027 Apr 16-May 31 M-Th 6pm-9pm

8066 May 16 W 6pm-9pm

WALLTOWN PARK RECREATION CENTER

8598 Jan 7-May 27 S 1pm-4pm



TEEN PROGRAMS continued

Teen Resource Center

Resource Center provides a place for teens and adults to work uninterrupted on job or school related projects--anything from homework assignments to resume writing.

Age: 13-18

CR Fee: \$0 NCR Fee: \$5

WEAVER STREET RECREATION CENTER

8110 Jan 2-May 31 M-Th 7:30pm-9pm

Teen Strength Training Program

If you are a teen interested in using fitness machines and weights, this program is for you. Teens will learn about the correct methods and practices to perform exercises utilizing different body parts. Teens will gain knowledge on how to properly use fitness equipment and free weights in a safe and beneficial way. This is a drop in program.

Age: 13-18

CR Fee: \$0 NCR Fee: \$5

WALLTOWN PARK RECREATION CENTER

8588 Mar 13-Apr 19 T,Th 5:30pm-6:30pm

XBOX 1 NBA 2K Tournament

Think you got what it takes to climb the ranks on the sticks? Come prove it playing NBA 2K at the Walltown NBA 2K Tournament.

Age: 13-18

CR Fee: \$0 NCR Fee: \$5

WALLTOWN PARK RECREATION CENTER

8328 Apr 21 Sa 2pm-4pm

MYDURHAM TEEN PROGRAMMING

"For Teens, Built by Teens," that's how we roll! Durham Parks and Recreation is now offering free, drop-in programming and activities for all teens between the ages of 13 and 18 years old.

From gardening, video game tournaments, and indoor hockey to park clean-ups, crafts and job readiness, we are providing a place for the teens in our community to have fun, hang out and be active!

We're excited to offer MyDurham at four of our recreation centers:

- Walltown Park Recreation Center
- Edison Johnson Recreation Center
- I.R. Holmes Sr. Recreation Center
- W.D. Hill Recreation Center

For more information visit dprplaymore.org.

Register for your free MyDurham membership today!



#MYDURHAMNC

DPR strives to make our programs, services and facilities accessible for all individuals and families, regardless of race, color, religion, gender, national origin, marital status, sexual orientation or ability level.

FACILITY AND PARK RENTALS

The 2018 calendar is currently open for park and shelter rentals. Permits for picnic shelters, parks, campsites and plazas must be purchased by Tuesday at 5 p.m. for the remainder of the work week and weekend. Please note: All operational hours and rental fees are subject to change. For more information on Durham picnic shelters, plazas and campsites, please visit dprplaymore.org, contact the reservations office at 919-560-4355, ext. 27202, or email reservations@durhamnc.gov.

PICNIC SHELTERS

PICNIC SHELTER SEASON: APRIL 1-OCTOBER 31

Durham's parks and facilities serve as great sites for your next event, family gathering or concert. Many Durham parks offer picnic shelters on a "first come, first served" basis. By making reservations, you are assured of having the picnic shelter of your choice. Permits must be purchased 10 days in advance. See page 9 for a list of DPR parks with shelters.

Book your picnic shelter online! Visit dprplaymore.org, select "Register Online" and then "Reservations."



RECREATION CENTERS

Planning a party and need a space for it? Gymnasiums, meeting rooms and kitchen space in our recreation centers are available to the public to rent. Keep us in mind when planning holiday parties, meetings, anniversaries, dances, church functions, reunions and wedding receptions. To reserve one of the following recreation centers, contact the center directly.

Edison Johnson Recreation Center
919-560-4270

Holton Career and Resource Center
919-354-2750

I.R. Holmes, Sr. Recreation Center at
Campus Hills
919-560-4444

Walltown Park Recreation Center
919-560-4296

Weaver Street Recreation Center
919-560-4294

W.D. Hill Recreation Center
919-560-4292

ATHLETIC FIELD RENTALS

DPR offers the following field and court rentals:

- Baseball Fields
- Multipurpose Fields
- Futsal Courts
- Tennis Courts
- Softball Fields
- Basketball Courts
- Soccer Fields
- Disc Golf



To reserve a field or court, visit our website at dprplaymore.org and fill out the online Field Rental Request Form under Rentals and Athletic Field Rentals or call 919-560-4355.

Additional rental information including fees and field dimensions can be found on our website under Rentals and Athletic Field Rentals.

OUTDOOR PLAZA

DPR invites the community to enjoy the outdoor CCB Plaza nestled in the heart of downtown Durham. The outdoor plaza offers the perfect environment for receptions, banquets, parties, trade shows, concerts, expos and more! This plaza is centrally located to provide easy access to the surrounding communities to enjoy after work socials or weekend events. Please consider DPR for your next outdoor event.

The CCB Plaza is located at the corner of Corcoran and Parrish Streets in downtown Durham.

For reservations and rental prices, please call 919-560-4355, ext. 27202

DPR strives to make our programs, services and facilities accessible for all individuals and families, regardless of race, color, religion, gender, national origin, marital status, sexual orientation or ability level.

FACILITY AND PARK RENTALS

EVENT FIELDS AND TRAILS

Durham's parks are great places to host your fun days, company picnics, family reunions and more. A park permit is required for event fields and trails.

Contact the reservations office at 919-560-4355 ext. 27202 or email reservations@durhamnc.gov.

CAMPSITES

DPR offers a variety of opportunities for outdoor recreation, including a year-round primitive camping area. Campsites are operated by DPR and may be reserved by calling 919-560-4355, ext. 27202 to obtain a permit. Permits must be purchased by Tuesday at 5 pm for the remainder of the work week and weekend. All reservations are made on a "first come, first served" basis.

Lake Michie Recreation Area: Overlooking Lake Michie, this recreation area offers camping, boating (paved boat launch), fishing and trail hiking. The area has seven primitive campsites open year-round. Each site has a tent pad, grill and picnic table. No electrical hookups are available and campers should bring water and other necessities. Vehicular access to the campgrounds is limited. **DIRECTIONS:** Take Roxboro Road North (Rte 501); go approximately 12 miles; turn right onto Bahama Road; after 2.5 miles, take a left at the "Spruce Pine Lodge" sign.

**Prior to use of the camping facility, a permit must be obtained from DPR.*



STAY CONNECTED

EMAIL & TEXT NOTIFICATIONS

To receive emails and/or texts about all general DPR information and alerts:

1. Visit dprplaymore.org and click on the Site Tools drop down menu in the upper right corner.
2. Click on Notification.
3. Enter your email address and click Sign In.
4. Check off the box to receive HTML emails and or texts
5. If you select to receive text messages enter your mobile phone number and select Save.
6. Click the email icon and/or SMS icon next to the lists to which you wish to subscribe/unsubscribe.
7. You will be sent an email with instructions to confirm your account.
8. If you request text notifications, you will receive a text confirmation asking you to respond with a Y.

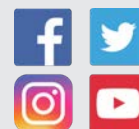
In order to receive all alerts and news you will need to click on the icons in both Alert Section and News sections of the notifications sign up page.

WEATHER & ATHLETIC FIELD CANCELLATION PHONE LINE

Please call 919-560-4636 for updated information on any athletic field and league cancellations or to hear a list of facility closures during severe weather.

A decision to close athletic fields or cancel games and practices will be made at 4:30 p.m. during the week and 7:30 a.m. on weekends.

SOCIAL MEDIA/BLOGS



@DPRPlaymore

Athletics Blog

dprathletics.blogspot.com

Outdoor Recreation Blog

getoutdoorsdurham.blogspot.com

Cultural Heritage Blog

culturalheritageindurham.blogspot.com

E-NEWSLETTER

Sign up to receive e-newsletters:

Visit our Facebook page & click on Join Email List.

Select from the following options:

- Athletic Leagues
- City-wide Special Events
- Downtown Events
- Play More Program Guide (3 times per year),
- Recreation Programs & Events
- Special Programs/Inclusion Programs & Events
- Teen Programs

PHOTOS WANTED!

Do you have photos you've taken at Parks and Recreation centers or in our parks? Submit them to us and see them in print in Play More!

For details call 919-560-4355 or email dprinfo@durhamnc.gov.

SPECIAL USE FACILITY RENTALS

The 2018 calendar is currently open for the rental spaces listed below. Reservations are accepted on a "first come, first served" basis. For more information on these facilities, please contact the reservation office at 919-560-4355, ext. 27202 or email reservations@durhamnc.gov. Please note: All operational hours and rental fees are subject to change. For fees and other information, please visit dprplaymore.org.

DURHAM ARMORY

212 Foster St., Durham, NC

The Durham Armory is downtown, on the corner of Foster and Morgan streets, and is available for rentals for your community or private event, whether it is a fundraiser, concert, wedding reception, seminar or family reunion. With a capacity of 585 in the auditorium/ballroom and an additional 314 in the balcony, the Durham Armory offers a large indoor space with lots of flexibility. The amenities include a large kitchen, heating and air conditioning, coat room, snack bar, tables, chairs, A/V equipment, and ample parking surrounding the facility.

Rental times: Sunday through Saturday 6 a.m. to 2 a.m. (minimum 6 hour rental)



2018 reservations for the Durham Armory are now open.

SPRUCE PINE LODGE

2235 Bahama Rd., Bahama, NC

The lodge is a 1940s vintage log building located in the Lake Michie Recreation Area. The lodge has 2,500 square feet of floor space which is divided into four meeting rooms, all served by a kitchen facility and a sound system. Dependent on the type of activity, the building capacity is 120 persons. Log walls and massive stone fireplaces lend a unique quality to all types of functions. Hiking trails, a large lawn and play field, and a picnic shelter are also available for use, as well as Lake Michie's camping, boating and fishing facilities nearby. The lodge is located 14 miles north of downtown Durham. The building, lawns, and picnic shelter are available to rent for weddings, large picnics, meetings, retreats, parties or other group activities.

Rental times: Sunday through Saturday 6 a.m. to 12 a.m. (minimum 6 hour rental)



2018 reservations for Spruce Pine Lodge are now open.

FOREST HILLS NEIGHBORHOOD CLUBHOUSE

1639 University Dr., Durham, NC

This historic building located in the heart of Forest Hills Park offers a large meeting room with audio/visual equipment, a spacious kitchen, restrooms, heat, air conditioning, and a large lawn. The Clubhouse, with a capacity of 80 people, is perfect for business meetings, team building retreats, parties, anniversaries, church functions, and family reunions.

Rental times: Sunday-Saturday 6 a.m. to 12 a.m. (minimum 3 hour rental)



2018 reservations for the Forest Hills Neighborhood Clubhouse are now open.

MCCOWN-MANGUM HOUSE

5101 N. Roxboro Rd., Durham, NC

This restored 1850s farmhouse is perfect for small gatherings such as weddings, receptions and meetings. The patio seats 40 and the house capacity is 60 (twenty per room maximum). Special features include rooms sheathed in original heart pine boards, a brick patio, a spacious kitchen, restrooms, heat, air conditioning, porches and gardens.

Rental times: Sunday through Saturday 8 a.m. to 10 p.m.



2018 reservations for the McCown-Mangum House are now open.

DURHAM PARKS AND RECREATION

Play More: Connecting our whole community to wellness, the outdoors and lifelong learning.



UPCOMING SPECIAL EVENTS

All events listed are free.

MLK EVENT: CELEBRATING THE LEGACY THROUGH THE ARTS

Saturday, January 13: 2 p.m.-5 p.m.
W.D. Hill Recreation Center, 1308 Fayetteville St.

MOTHER SON DANCE

Thursday, February 15: 6 p.m.-8 p.m.
Holton Career and Resource Center, 401 N. Driver St.

EGG HUNT

Saturday, March 24: 10 a.m.-11 a.m.
Campus Hills Park, 2000 S. Alston Ave.
Saturday, March 24: 10 a.m.-12 p.m.
West Point on the Eno, 5101 N. Roxboro Rd.

DOG-GONE EGG HUNT

Saturday, March 24: 1 p.m.-2 p.m.
West Point on the Eno, 5101 N. Roxboro Rd.

YES! (YOUTH EMPOWERMENT SUMMIT)

Saturday, April 7: 10 a.m.-2 p.m.
I.R. Holmes, Sr. Recreation Center, 2000 S. Alston Ave.

DURHAM EARTH DAY FESTIVAL

Sunday, April 22: 12 p.m.-5 p.m.
Durham Central Park, 501 Foster St.

STARLIGHT FRIDAY

Friday, May 4: 7 p.m.-10 p.m.
Oval Drive Park, 2200 W. Club Blvd.

CANINE FIELD DAY

Saturday, May 5: 10 a.m.-11:30 a.m.
Rock Quarry Park, 701 Stadium Dr.

BIMBÉ WEEKDAY EVENT: COMMUNITY BLOCK PARTY

Wednesday, May 16: 6 p.m.-8 p.m.
Holton Athletic Field, 401 N. Driver St.

BIMBÉ WEEKDAY EVENT: BASKETBALL CLASSIC

Thursday, May 17: 7 p.m.-9 p.m.
Southern High School, 800 Clayton Rd. #241

BIMBÉ CULTURAL ARTS FESTIVAL

Saturday, May 19: 12pm-8pm
Rock Quarry Park, 701 Stadium Dr.

919-560-4355 • DPRPlayMore.org